

01 Sections, Plans & Maps

Friday, January 19, 2024 10:14 AM

Useful to copy list of all sections here SnagIt-ScrCap image - TOC, table of contents -

01 Sections, Plans & Maps

02 Tues Jerry Anderson ride to SAN; Alaska Air has u board a Disneyland Star Wars Galax...

03 Wed 1st surf; Kilauea / Princeville supplies; Brolaski fix board & see monkeypod chairs...

04 Thur Good HBay, then check out Baker Tunnels house, Tunnels Beach and end of Rd, ...

05 Fri HBay dawn check; kids hike Powerline trail near Brolaskis; Glen returns to me lunch...

06 Sat HBay, Village Snack, Kalihiwai check, other side-Anini check, 3 Brolaskis join us Eg...

07 Sun HBay, Kilauea Lighthouse, Kalihiwai, SummerB time off, SteveB on-island, start So...

08 Mon Swim, Pick up Liliquoi Chiffon Pie; RD & Kapaia Stitchery Store; Kauai Museum, L...

09 Tues 1st rainbow; Humboldt Remote Sensing Course Online; Search for Surf

10 Wed Brennecke's lunch; Hawaiian Trading Post w photo op in the curl; Explore RD's c...

11 Thurs Surf chk, Brolaski Fish dinner at their Koa Dining Table; Stormy, nos surf

12 Fri Visit Auntie June in Kapa'a, then S shore for Lawai Valley & Mahaulepu Heritage Tr...

13 Sat RD & Kevin to airport; Nawiliwili has cruise ships; Costco after; EchoBoom channel...

14 Sun on our own, The Bay 7a, Steve & Summer Baker Tunnels house, Ground Swell Oth...

15 Mon MLK ? Ching Young sticker, Kokee State Park

16 Tues Bakers, 1p Bob & Peggy; noon check out; SandBox lunlch, Dukes Dinner, 9p car ...

15a Unveiling The Enchanting Secrets

15b Exploring Enchanting Beaches

15c Exploring The Island By Car

15d Hike Kalalau Trail Feb2017 good detailed

15e ALEKOKO MENEHUNE FISHPOND

Glen booked our First Class Airfare with Alaska Airlines, 30Oct2023 - Glen/Kris AA res alaskaair.com (<http://alaskaair.com>) confCod IFJVIO (all letters) Stewart. AA changed our return flight, routing us thru SEA - sucked!

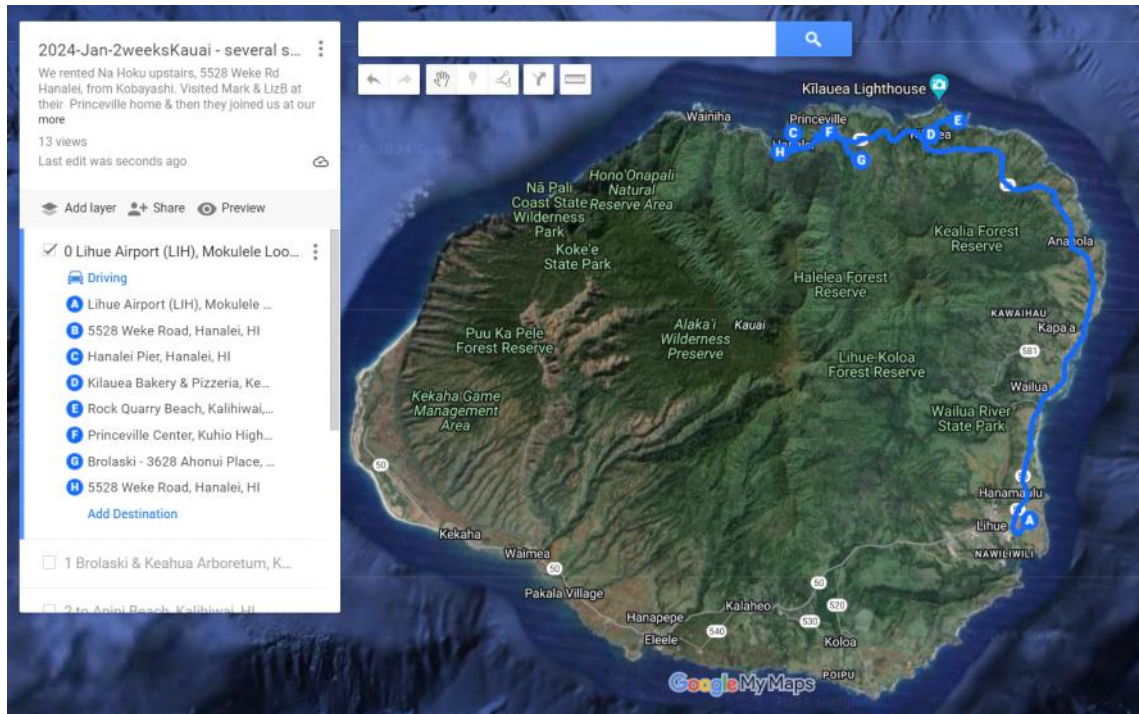
Alaska, Flight 821 Departing San Diego (SAN) 02:30 pm Tuesday, January 02, Lihue (LIH)
Arriving Tuesday, January 02, 07:03 pm

Alaska, Flight 810 Departing Lihue (LIH) Tuesday, January 16, 11:00 pm Arriving Seattle (SEA) Wed
January 17, 06:45 am

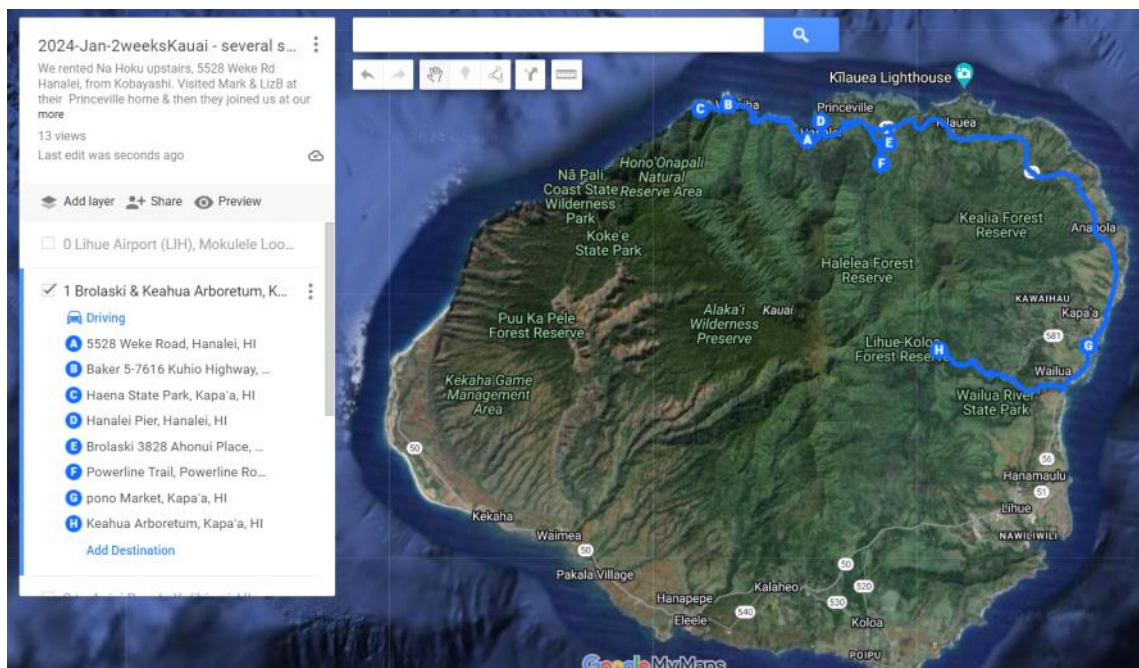
Alaska, Flight 1108 Departing Seattle (SEA) Wednesday, January 17, 09:05 am Arriving San Diego (SAN)
Wednesday, January 17, 11:50 am

12June2024 trying to finalize the OneNote and the Gmaps and Gphotos

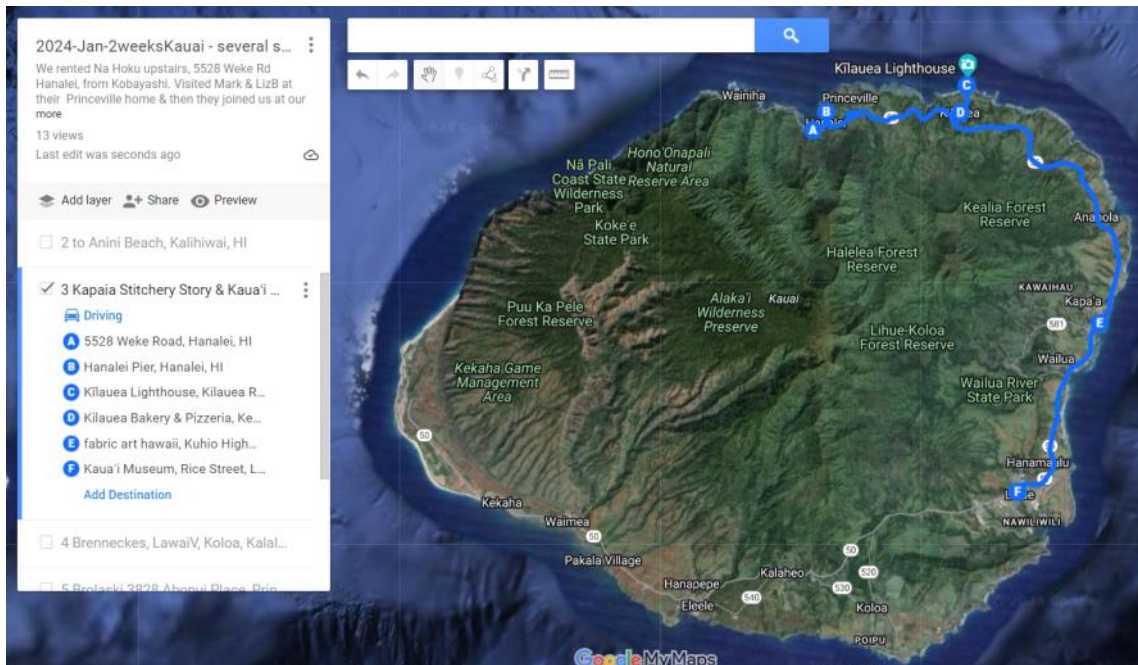
Map0 - LIH Lihue Airport to Hanalei - 5528 WekeUpperDuplex-NaHoku-Kobayashi



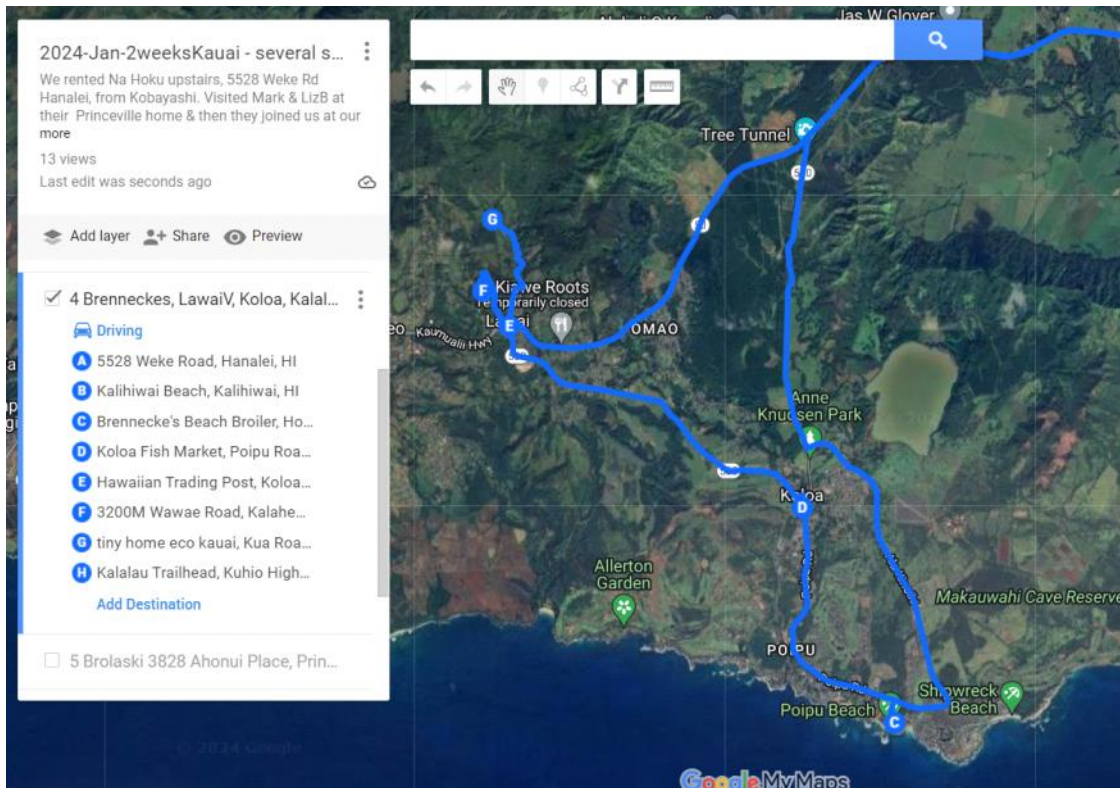
Map1 - RD, Kevin and Glen on Powerline Hike, starts past Mark&LizB, I meet them at Keahua Arboretum, Kapa'a



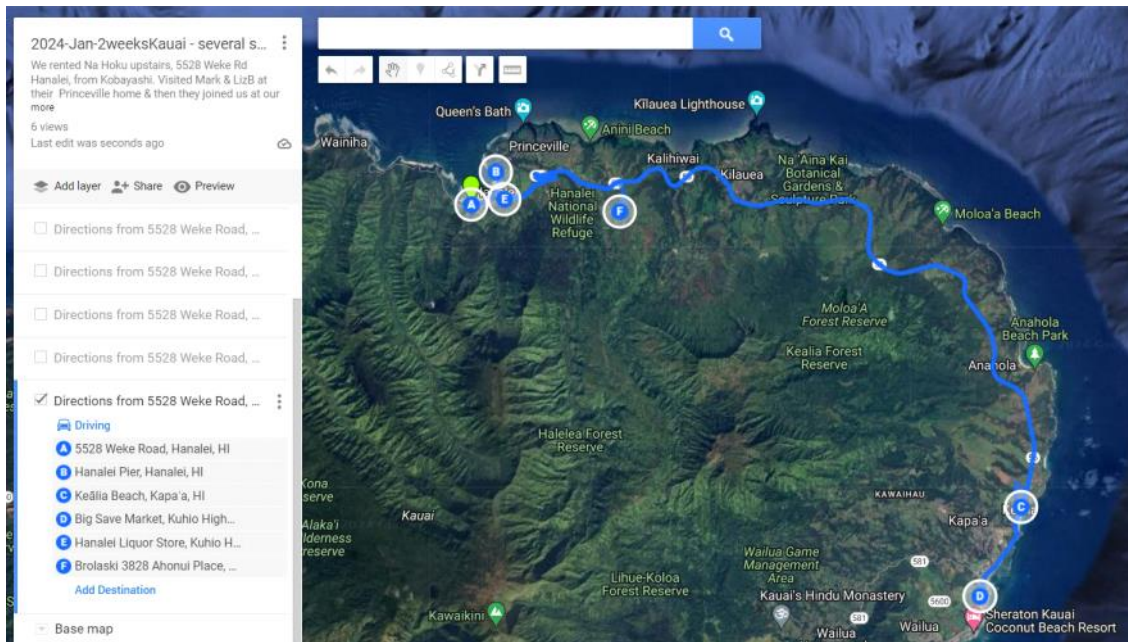
Map3 RD wants to visit Kapaia Stitchery Story]e in Kapa'a and offers to take me to Kauai Museum, Lihue. Glen joins us, Kevin stays at



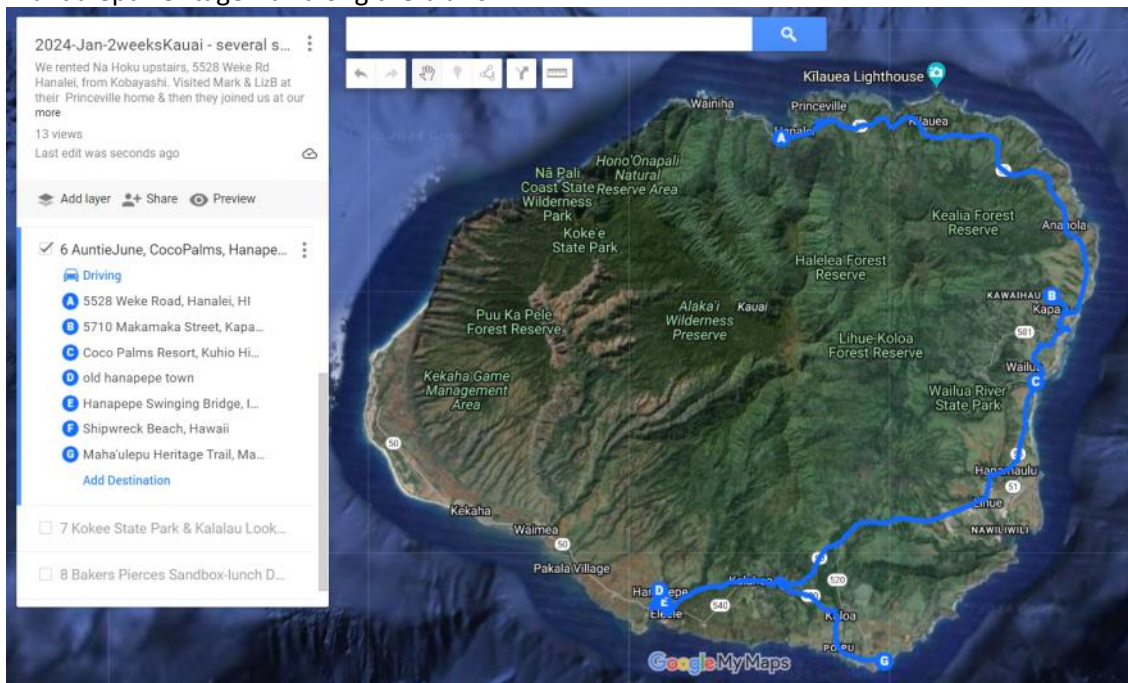
Map4 - Glen offers to take me to lunch at Brennecke's, hoping I can swim South shore, calmer? Koloa Fish Market for the kids, then Hawaiian Trading Post for photos "in the curl". Then RD takes us on a tour of where she used to live, Lawai Valley, sure looks different now. We then have reservation for "end of the road" Kalalau Trailhead and make it there.



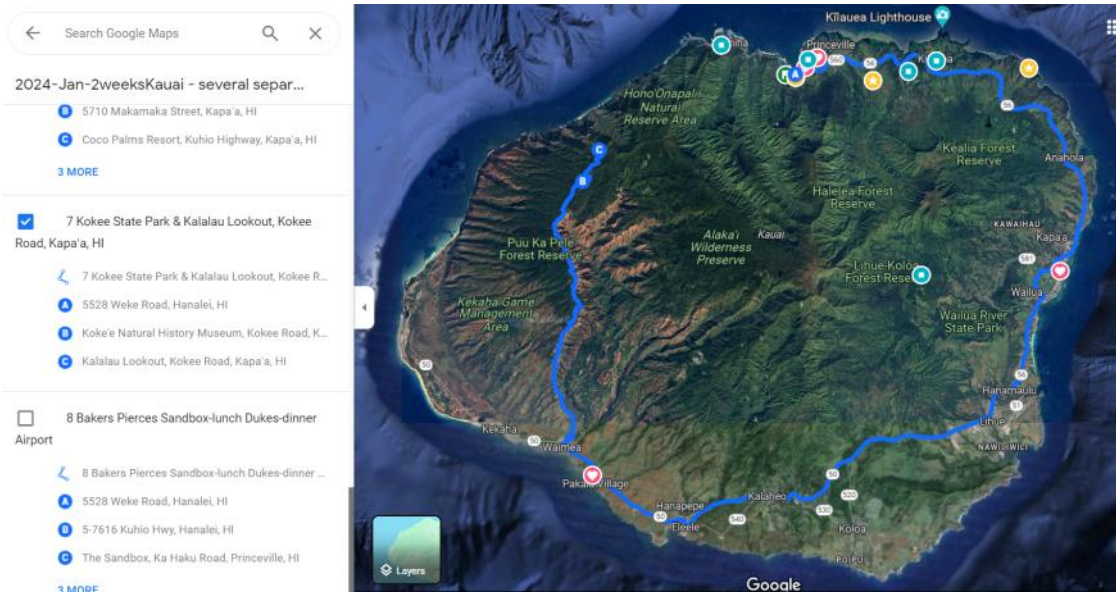
Map5 Check surf, but stormy and rainy. Obtain ingredients and head to dinner at Mark and Liz Brolaski, Princeville, with lovely dining table of Koa Wood.



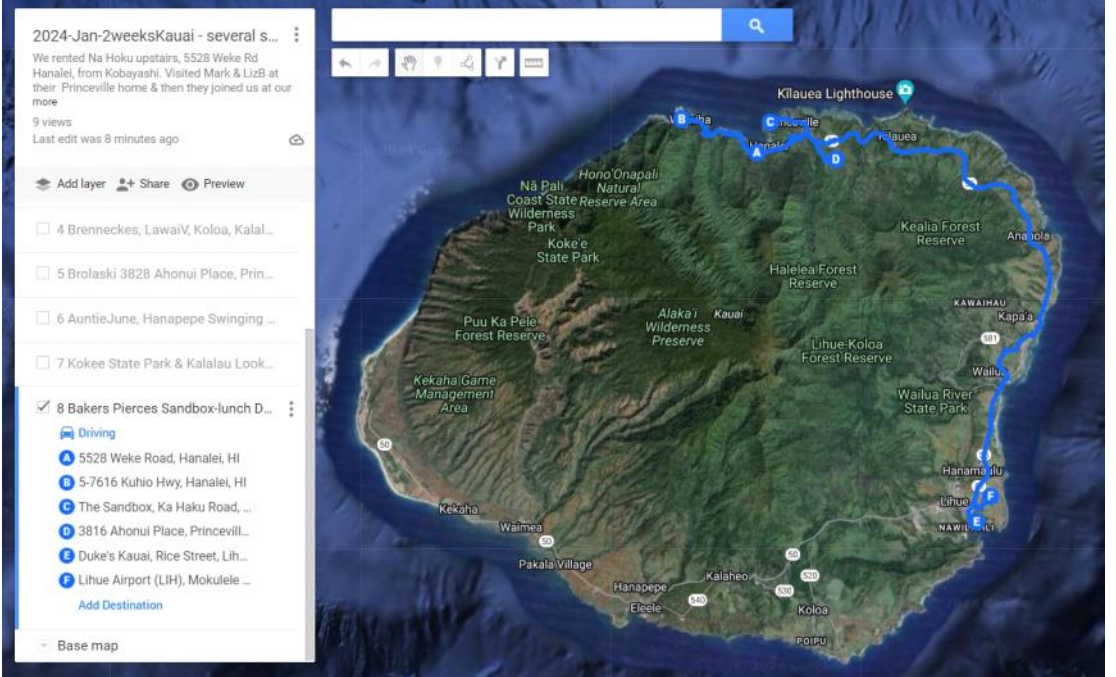
Map6 - Visit Auntie June-Kapaa HanapepeSwingingBridge ShipwrecksPoipu - MahaulepuHeritageTrail along the bluffs



Map7 - Kokee State Park, Waimea Canyon & Kalalau Lookout from the heights



Map8 - After clean apartment, drop off left-overs with Steve&Summer Baker, Bob&PeggyPierce



02 Tues Jerry Anderson ride to SAN; Alaska Air has u board a Disneyland Star Wars Galaxy Edge plane

Tuesday, January 2, 2024 1:15 PM

Jerry knows better route to airport, went by MCRD

Our AK Air plane is done up as Galaxy Edge



How did they know I was coming? Goodbye to MCRD and old Consolidated Aircraft Plant / SPAWAR



Arrive Lihue early and notice more Star Wars decorations on the plane



<https://hidot.hawaii.gov/blog/2023/12/21/full-closure-of-hanalei-bridge-beginning-january-2/>

HANALEI, Hawai'i – The Hawai'i Department of Transportation (HDOT) notifies highway users of a full nightly closure of Kūhiō Highway (Route 560) between Hanalei Plantation Road and Ohiki Road beginning Tuesday, Jan. 2, 2024, for the Hanalei Bridge Repair project. After the initial week, closures will continue nightly on a Sunday-through-Thursday schedule from 11 p.m. to 5:30 a.m. the following day.

03 Wed 1st surf; Kilauea / Princeville supplies; Brolaski fix board & see monkeypod chairs in their Dining Rm

Wednesday, January 3, 2024 6:50 AM

7a getting light enough finally

All 4 walk to H Bay with boards, Glen & RD have great surf session and KevinC & I chat. Kevin heads back to our place on Weke to get car.

I see Glen is paddling in, but he's paddling to pier. Turns out Mark & Liz Brolaski show up in H Pier - great get together.



Mark recognizes RD as Swamis girl. He offers to drive us back, but we're waiting for KevinC.

Glen needs to repair board that was badly handled by Alaska Air, Mark has fix kit - come over.
UPD - Glen thinks it wasn't AA baggage but the glasser of the board.

4 of us head home, Glen & RD shower & change. Head to town for Bfast.



Head to Kilauea Bakery so Kris buys her goodies to share with Brolaskis.



After bakery, want to explore to find Rock Quarry beach, or Rock Quarries, or Kahili Beach
<https://www.tamba.com/blogs/beaches/rock-quarry-kauai>



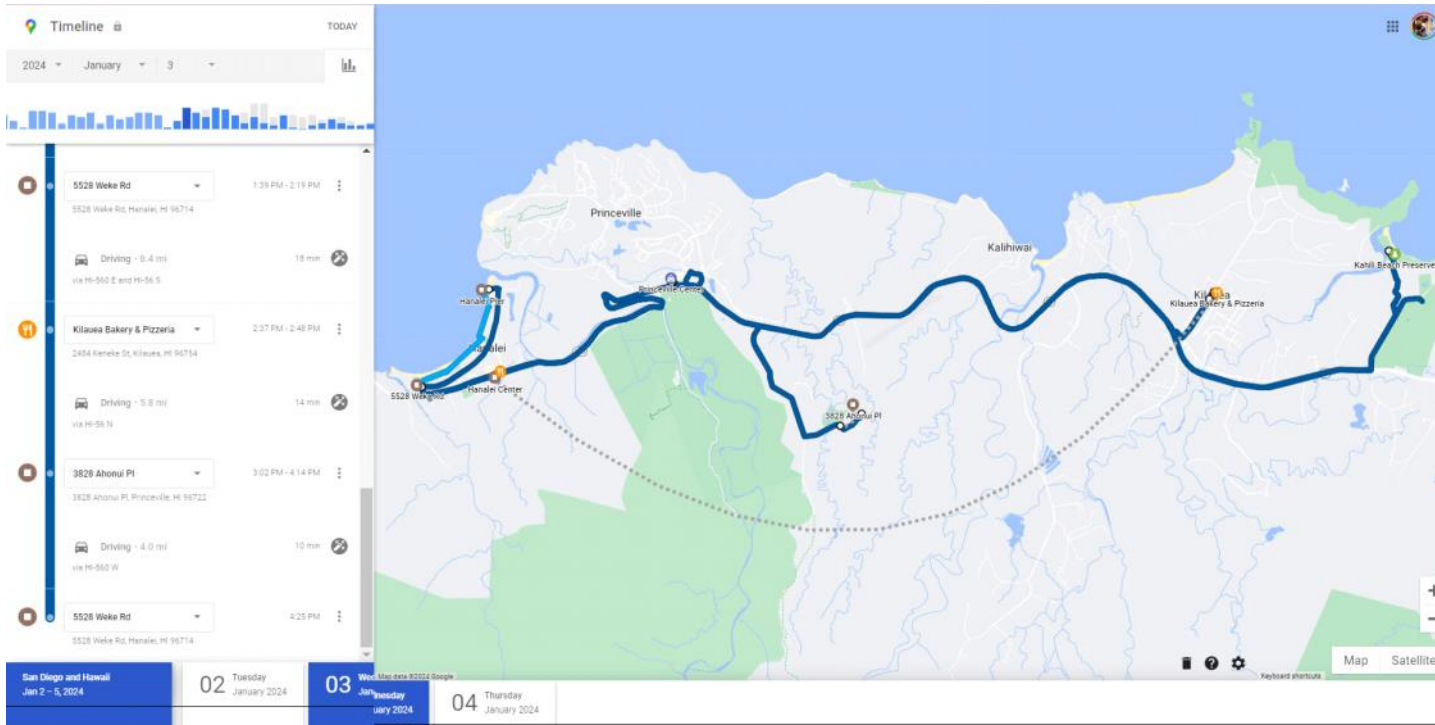
Rock Quarry beach, Rock Quarries, or Kahili Beach lies in the gateway to Kilauea, a predominantly melanin-lacking community. Most of the locals in this area have only moved to Kaua'i in the last 30 years, but have made Kahili Beach their own.



Princeville, drop Glen at Ace Hardware to get 3 key copies. RD & I shop Foodland, we went up & down every aisle. When checked out, I paid w CC, entered my phone # got all the Mai Kai discounts.



Unpacked at home & discovered the cookies from Kilauea Bakery were WRONG, macaroons NOT butter macadamia nut. Kris sinking into depression. Glen says we can go back & then Brolaskis. Got 3 Mac nut cookies, liliquoi lemon squares, whole Mango Custard pie.



Head to Brolaski to patch Glen's board



GeorgeB, GlenS, supervising MarkB and ? neighbor



After Glen's board is fixed, we get tour of inside Brolaski home with new Monkeypod Chairs in place with the Monkeypod dining table. And re-visit the balsa blank Glen glued up for MarkB







What a pair - Mark Brolaski & Glen Stewart!



Mark was able to get Glen to pose with the board, made from the balsa blank he glued up. MarkB paddled it out at the Dick Brewer Paddle Out, 07Aug2022, Waimea Bay.

04 Thur Good HBay, then check out Baker Tunnels house, Tunnels Beach and end of Rd, Haena State Park

Thursday, January 4, 2024 7:32 AM

Kris up early, trying to resolve LGnotebk OneNote access. KevinC hangs at home.

Glen & RD have gotten wet & Kris gets the car. Ran into LizB at pier of HBay too.



Bali Hai, Makana, peeking out



RD and Glen



Glen's up

Check out end of the road, easy drive 6 or 7 1-lane bridges to Baker's Tunnels house. Park there & walk to Tunnel, have to use highway cause of big home built couple of decades ago.



Haena State Park has handicap parking, I offered to Glen to drive to end of road, drop them off, then hang there if they want to hike Kalalau Trail. I have reservation to park & day access 4p 10Jan for 4 of us. Four correct names



05 Fri HBay dawn check; kids hike Powerline trail near Brolaskis; Glen returns to me lunch Kapa'a and meet kids at Arboreteum; beach hike past river mouth

Friday, January 5, 2024 7:09 AM

7:18a sunrise at The Bay

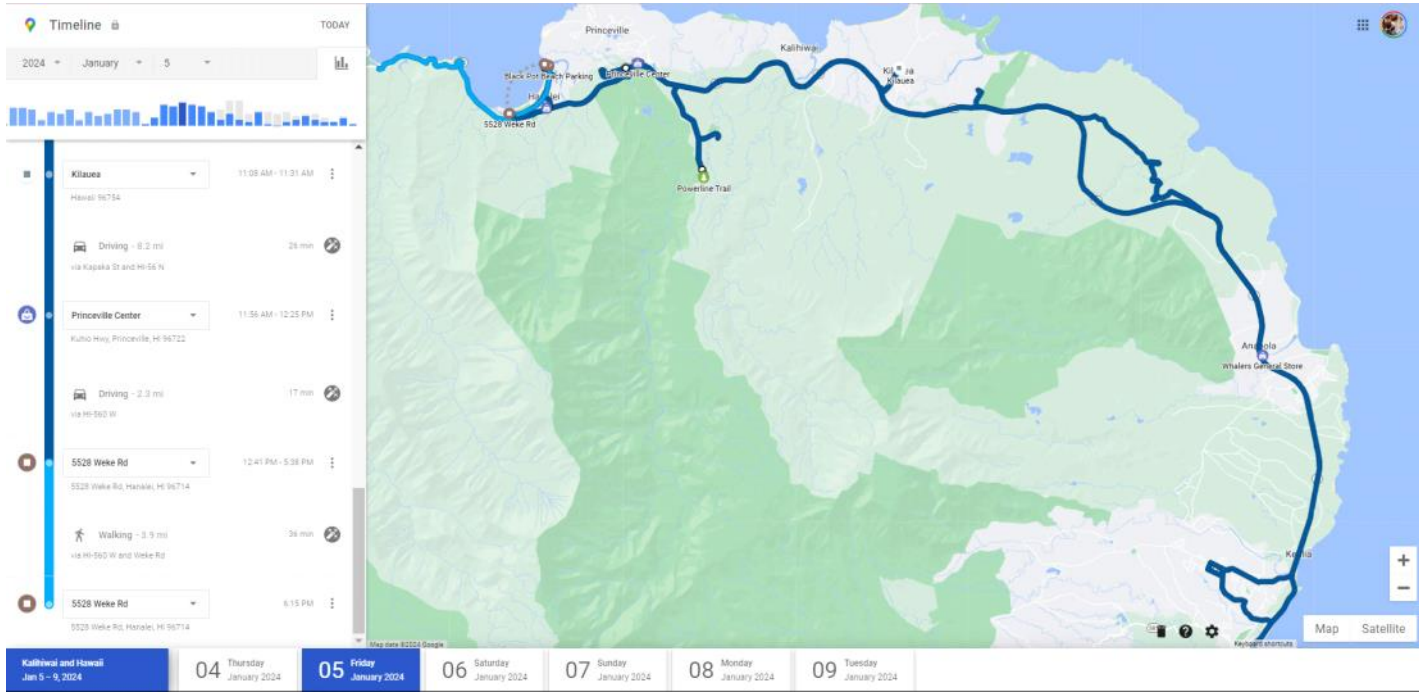




Ron Wiley on KQNG was really talking about the colors at dawn today.

Saw LizB heading out to surf by the pier. Also found MarkB at HBay table. Mark gave Glen & RD suggestion of better hike than the one RD was thinking of along Hanalei River. Invited them back to by his house for better hike at Powerline Trail.





Powerline Trail - <https://www.kauaitravelblog.com/powerline-trail-kauai/>

"The Powerline Trail on Kauai is a hardscrabble trail that cuts across a swath of the island from the Keahua Arboretum to Princeville. That's right, there's a trail that links these two disparate points!

The trail is a

From <https://www.kauaitravelblog.com/powerline-trail-kauai/>

RD, Kevin and Glen took off on this trail start from the N side, Kakapa Street in Princeville, Brolaskis live near by.



Kris got to have the car and I drove to Kilauea Bakery, then towards Kapa'a. I messed up trying to follow the Kapaa by-pass, so turned around and came back. Quick stop at the Whalers General Store in Anahola.

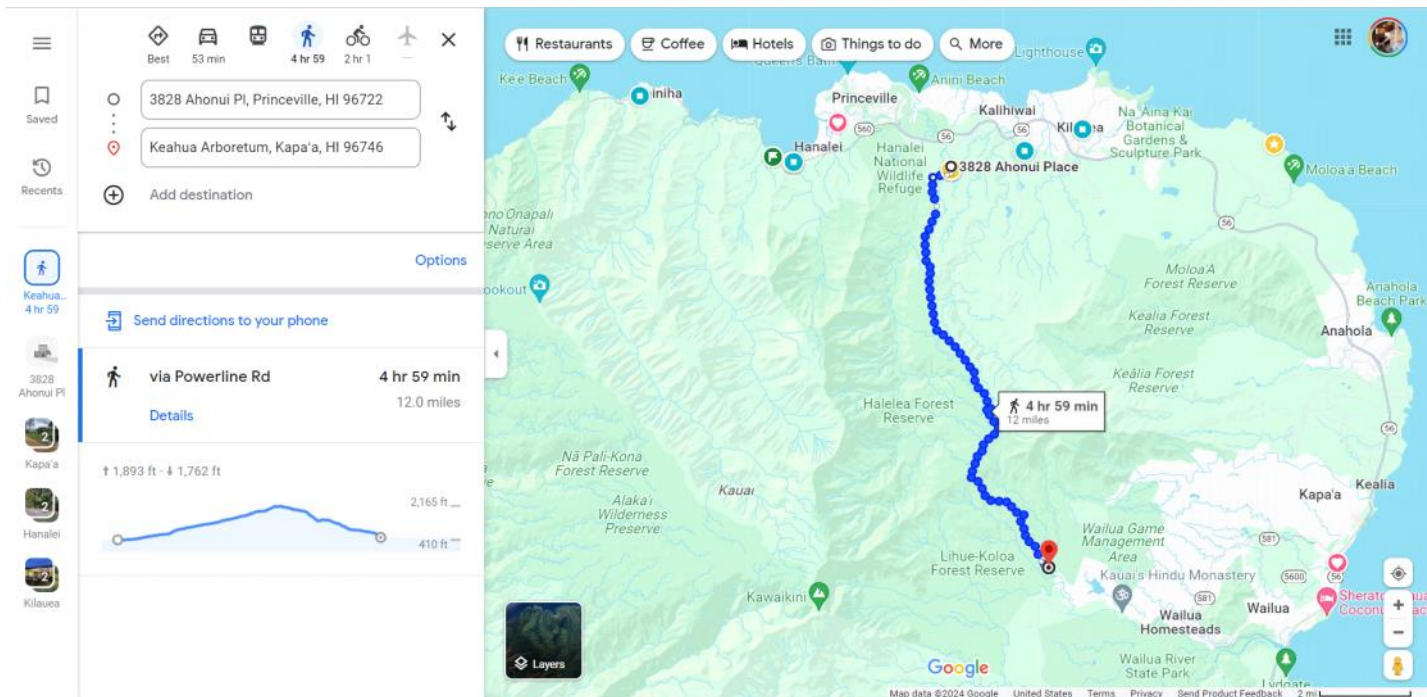
Then got a phone call from Glen, or txt from RD, he was turning around and headed back to start spot. So I got back before Glen and we went into Kapa'a for lunch. RD and Kevin were gonna finish the hike and we were to meet them at the S end - Keahua Arboretum.

"LOCATION [Wailua – East Side](#)

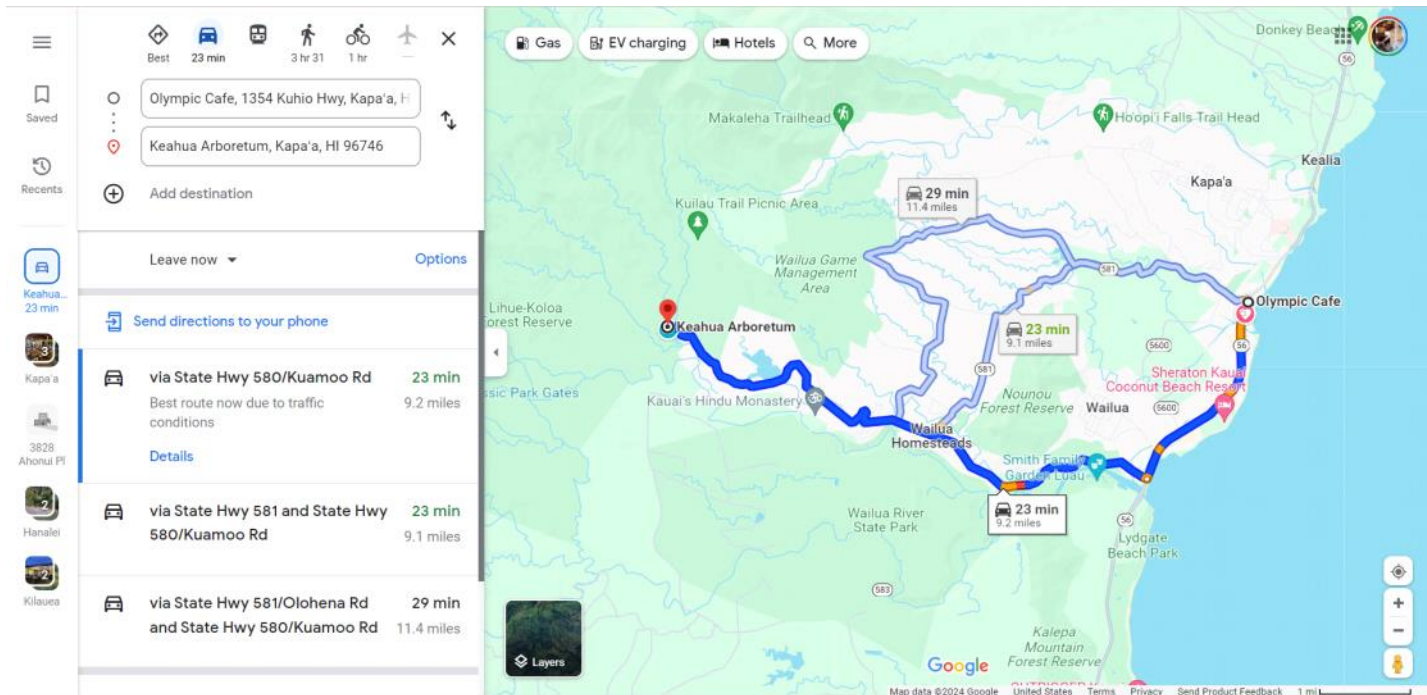
FEATURES Picnic Tables, Hiking, Swimming Hole

Keahua Arboretum is a Tranquil Oasis in the Heart of Kauai's Rainforest; nestled deep within the lush and vibrant heart of Kauai's rainforest, the Keahua Arboretum is a hidden gem waiting to be discovered. This enchanting arboretum offers a serene escape into the heart of nature, providing a rich tapestry of botanical wonders and a chance to connect with the island's diverse flora and fauna."

From <<https://www.kauai.com/keahua-arboretum>>



Glen talked with RD on phone while we were waiting for lunch at Olympic Café in Kapa'a and realized we needed to get going to meet them. Got our order to go and drove from Kapa'a to the arboretum and ate lunch on the picnic table there.



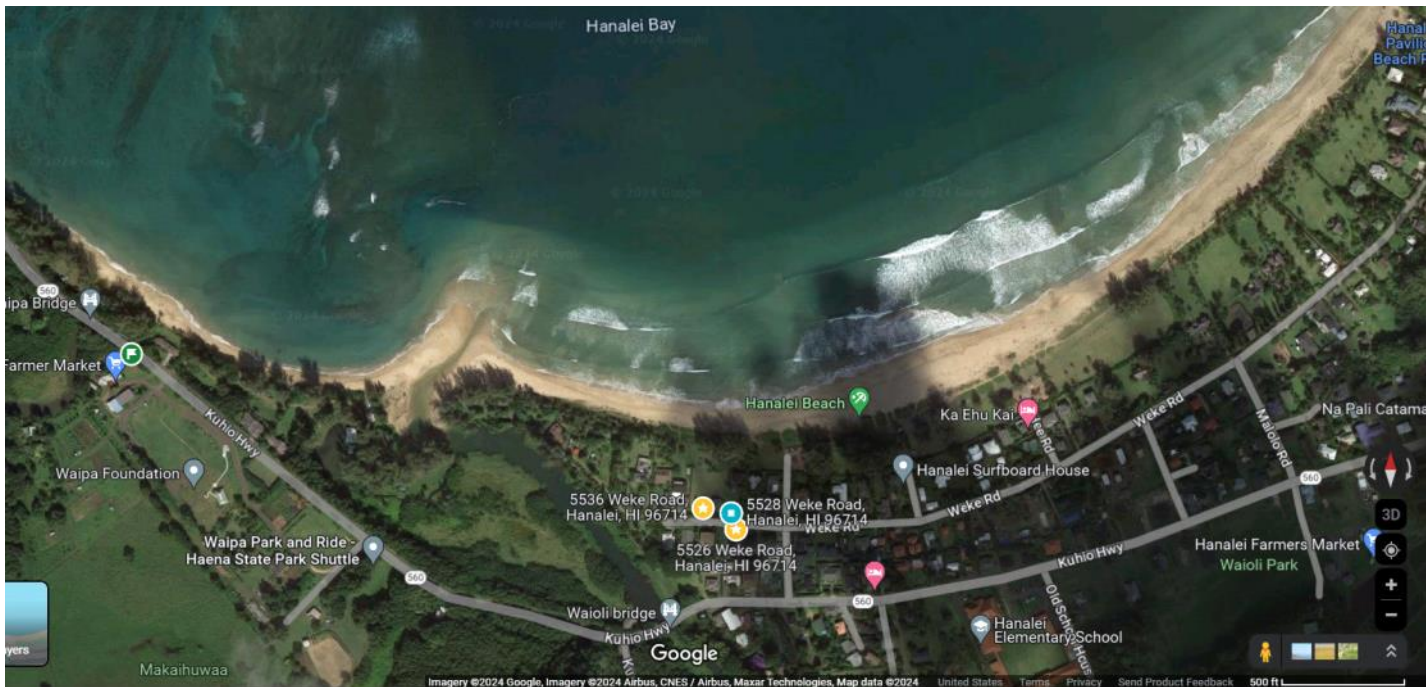
Glen & I played cribbage on our porch



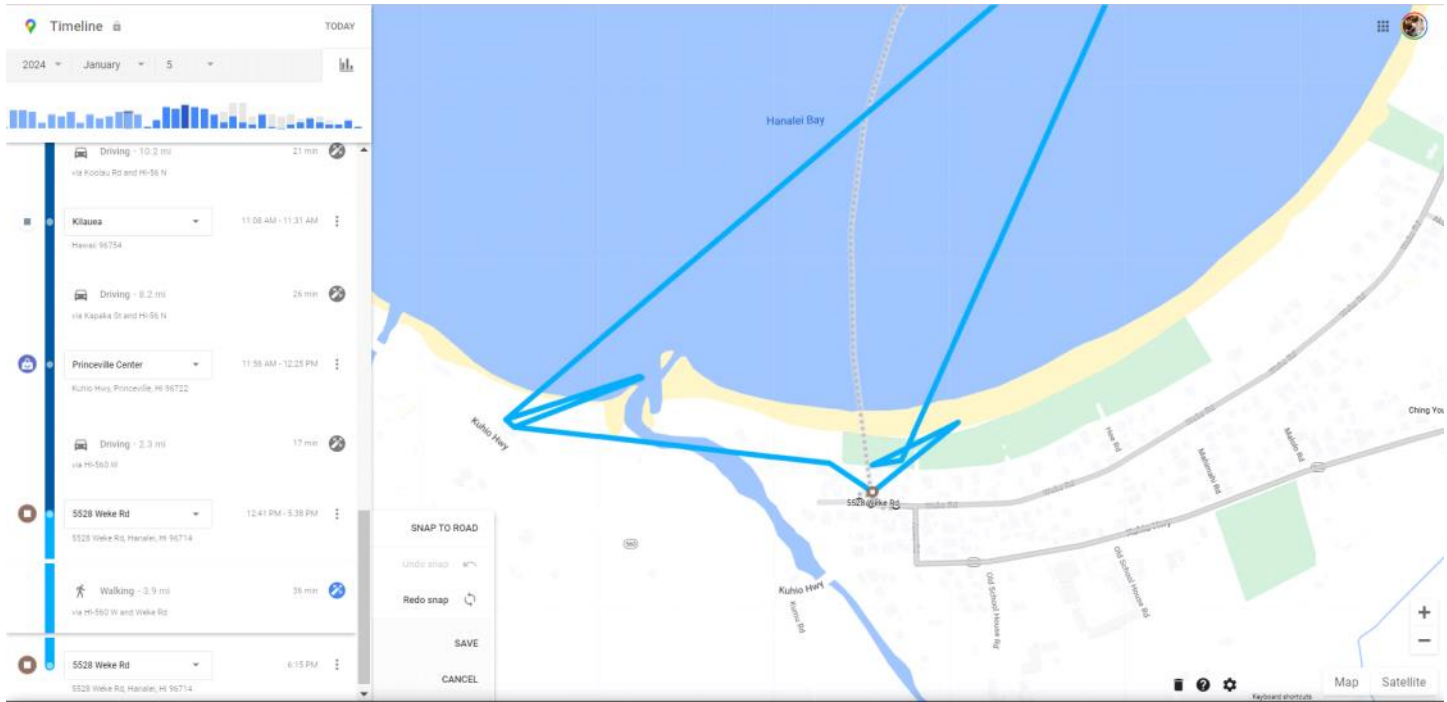
RD taught us a new card game, Kings Corners



We're gonna walk the beach up past the river mouth -



Not sure why the G Map Timeline is so confused, but remember we walked and forded the river mouth - strong current



Oh well, just follow RD



06 Sat HBay, Village Snack, Kalihiwai check, other side-Anini check, 3 Brolaskis join us Eggplant roll'em ups

Saturday, January 6, 2024 7:46 AM

7:15a paddle out at The Bay, after saying hi to MarkB in parking lot. Passed KevinC walking Weke Rd, wished I'd asked RD if he wants anything at the store.



MarkB



Glen and RD headed out



Glen paddles, RD knee paddles out - mountain Makana visible

Need deck of cards & hair ties for my braid.

Village Snack Shop & Bakery; Has outdoor seating · Doesn't accept reservations · High chairs available; 5-5190 Kuhio Hwy b3, Hanalei, HI 96714

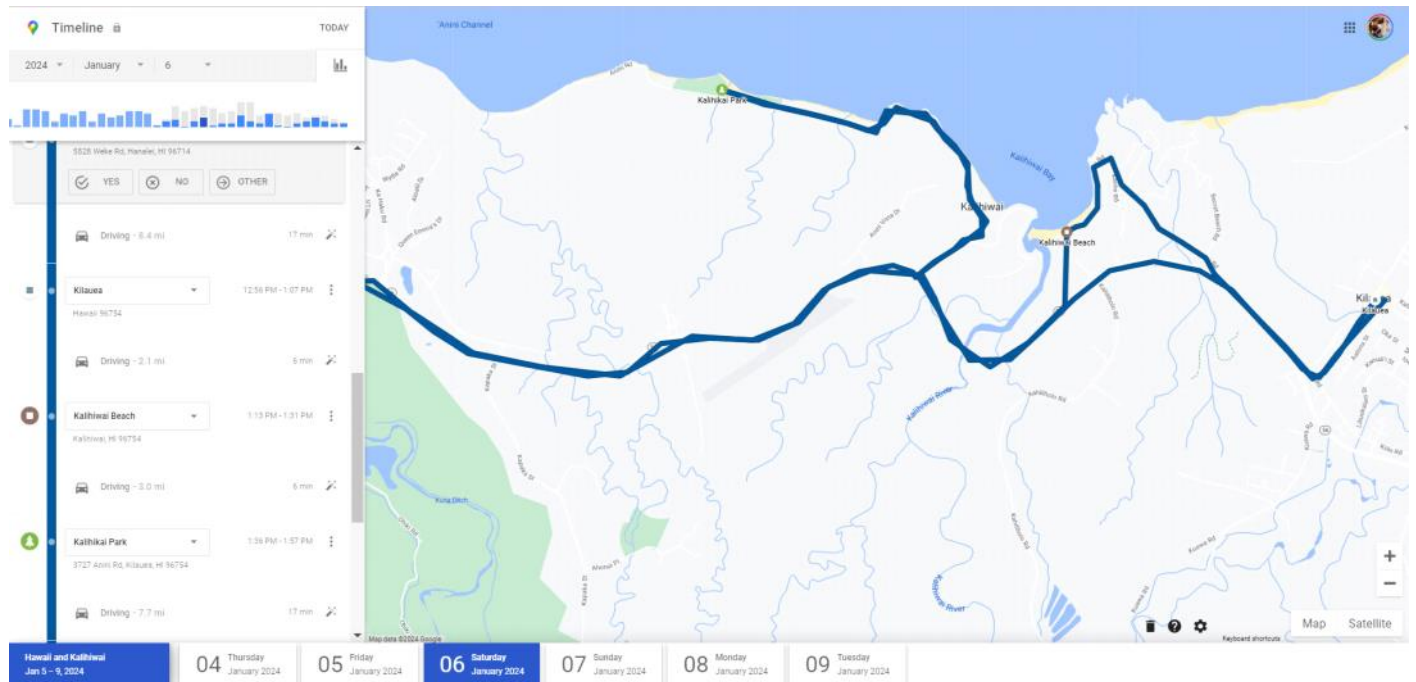
Ordered & paid Liliquoi Chiffon Pie, pick up Mon morning 10a

Shopped at Big Save success for deck of cards, stickers for my luggage & dried fish for Bfast



Village Snack Shop & Bakery was open, so bought cup of coffee & ordered Liliquoi Chiffon pie to pick up Mon (earliest they offered) at 10a (my choice, wrote on receipt).

Brolaskis accepted Glen's invite for dinner tonight. G already picked up his eggplant roll'em up fixings, but we don't have enuf dessert for 7. Therefore RdTrip to Kilauea Bakery for something looks good. Think about checking out Kilauea Lighthouse, but pass.



Check out Kalihwai for future surf, pic 1 can see road we took in on upper R, stopped and looked, pic 2 kinda nasty



then Anini Beach too. Protected, would be good for swimming. Beach sign suggests kauaiexplorer.com; RD & Kevin pondering, can see K Lighthouse in distance, was fun to watch foil boarder and the small fishing boat. Boat captain clearly knew where the "Boating Lane" is - see map details.



Setting up for dinner - Glen's eggplant rool-em ups





They're here!



Brolaskis join us for dinner at 5p. During meal mention all the nifty bird - nenes w babies out Kilauea Rd. Oh well, maybe next time.

Liz & Mark were the ones who told us of Kobayashi's. They rented downstairs unit when they moved here, ? 7 years ago.





07 Sun HBay, Kilauea Lighthouse, Kalihiwai, SummerB time off, SteveB on-island, start South Pacific movie

Saturday, January 6, 2024 3:20 PM

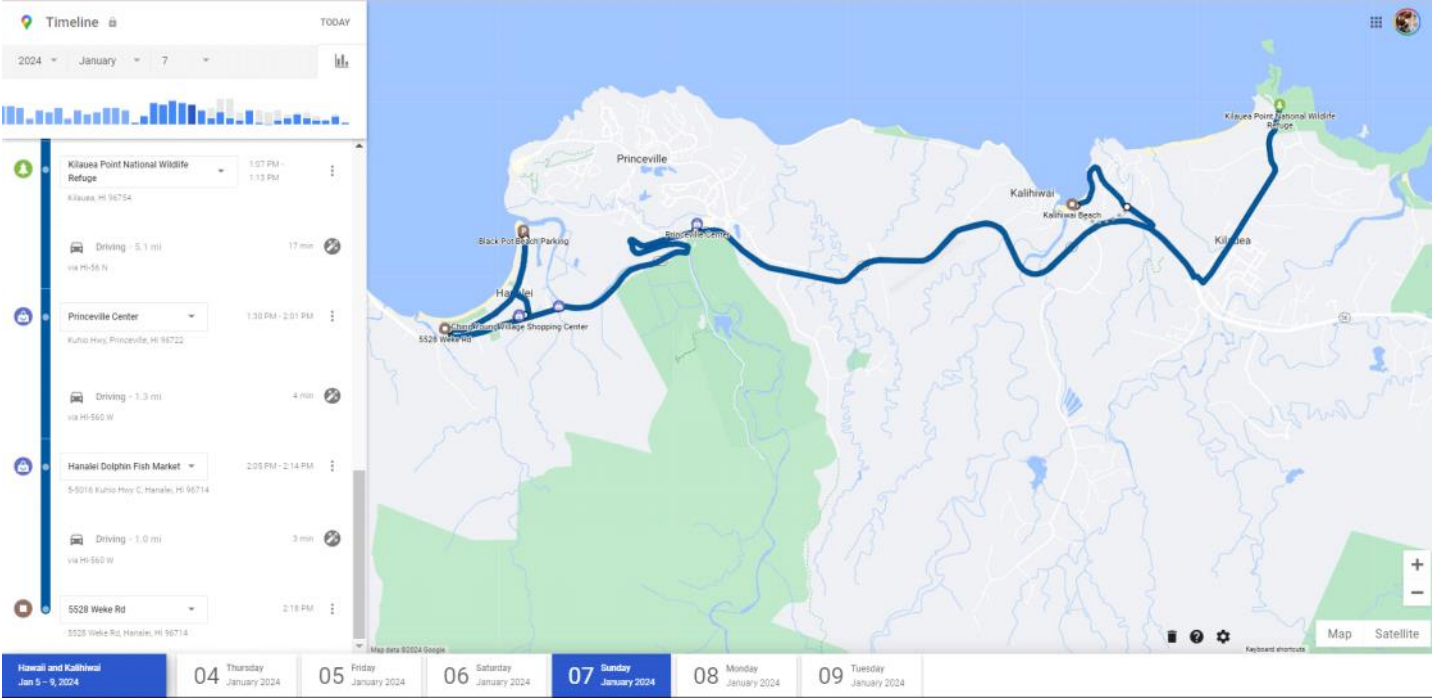
Dennis & his girl friend. Cat, are at HBay, met Glen and RD as they headed to the water.



I went to Ching Young & got cup of coffee. Big Save for parchment paper & goggles for Glen.



Back to Na Hoku, our rental - showers for surfers.



10:30a heading to Kalihiwai for KevinC surf session, after short morning session at HBay. RD packed up supplies for the day.



Not successful surfing for Kevin, RD got rides. Waves not strong enuf for Kevin's short board.



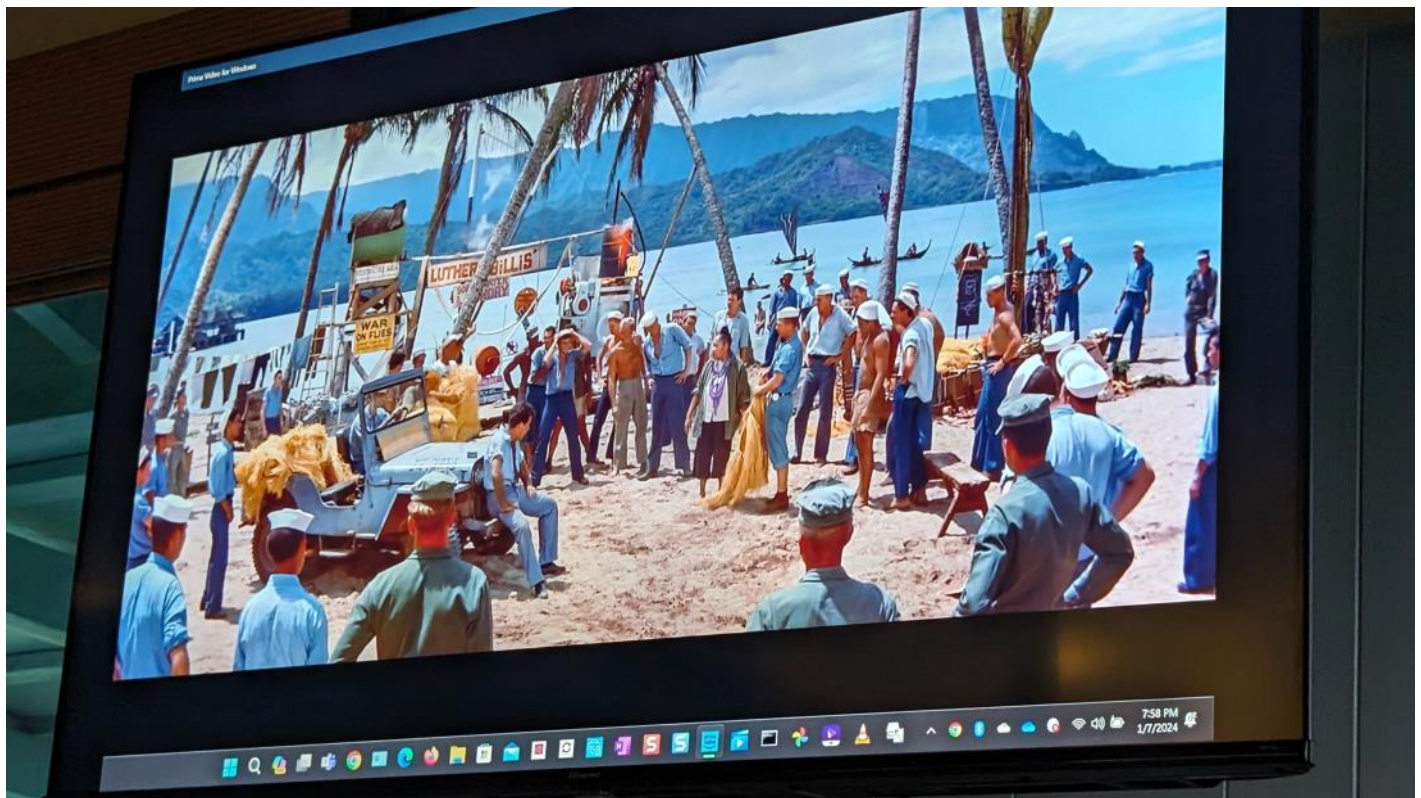
Head to Kilauea Lighthouse to see baby Nene



Kris to bakery again for pizza & couple cookies.

Foodland in Princeville for supplies.

Kevin made a request to watch South Pacific. Downloaded from AMZ & connected LivRm TV HDMI to my PCnote & it's working.



08 Mon Swim, Pick up Liliquoi Chiffon Pie; RD & Kapaia Stitchery Store; Kauai Museum, Lihue; Commercial Inet Chronology Tables

Saturday, January 6, 2024 9:06 AM

Go for a swim, finally! Rainy day, but was only over at when we left - yes Glen wanted to paddle w me.

9:15a breakfast a la RD











11a RD took me to Ching Young to pick up pie

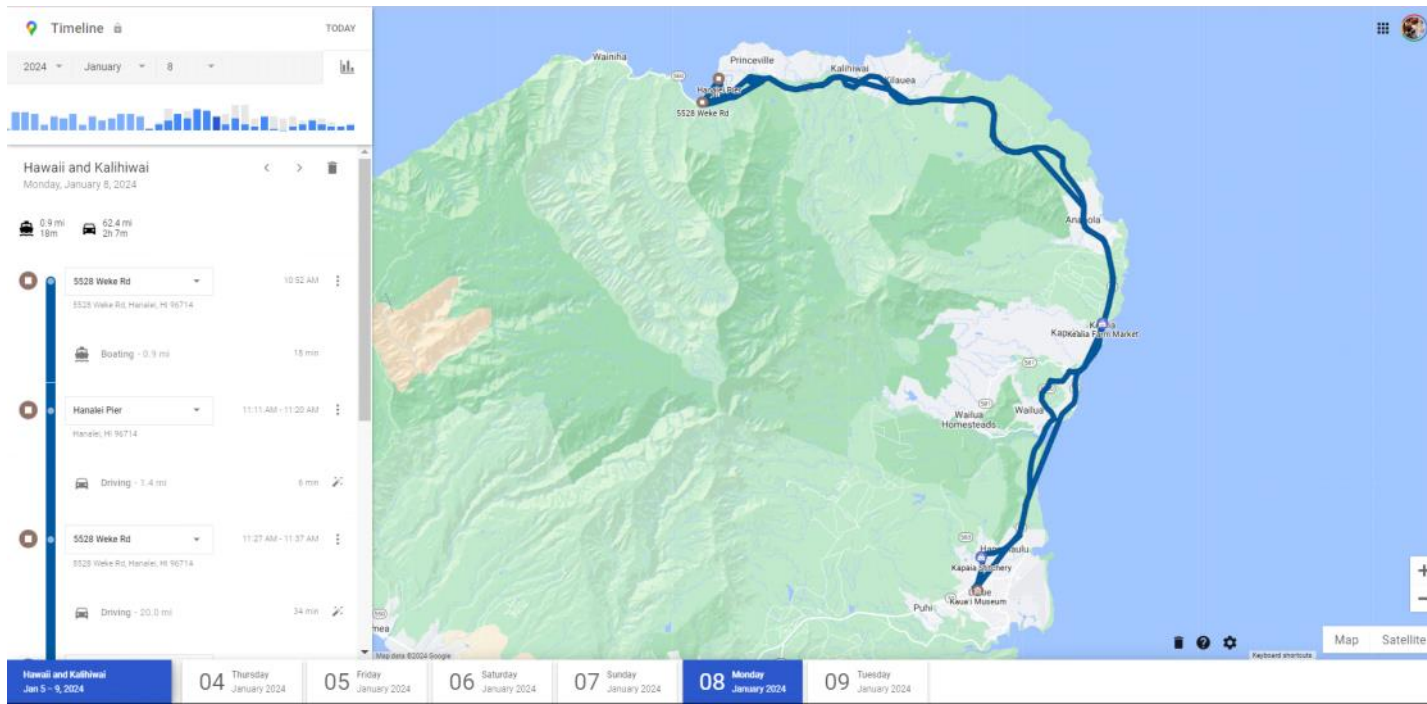
RD needs to visit fabric store in Kapa'a & offered to take me to Lihue for Kauai Museum exploration.

Passed Wilcox Hospital, Glen remembered we went there when I stubbed my toe previous trip & turned out broken toe. Glen said it was so I didn't have to help we baggage on return flight.

KQNG surf report - all shores it's lame!

Weather rain on N Shore, good thing RD Fabric is S shore.

Wed 10	77°/64°		24%	▼
Thu 11	75°/61°		70%	▼
Fri 12	71°/64°		38%	▼
Sat 13	74°/63°		22%	▼
Sun 14	78°/64°		8%	▼
Mon 15	78°/69°		5%	▼
Tue 16	78°/67°		58%	▼
Wed 17	76°/64°		41%	▼
Advertisement				



Kapaia Stitchery, 3-3551 Kuhio Hwy, Lihue HI 96766



The Kaua'i Museum, 4428 Rice St., Lihue HI 96766



4p Maybe watch more bad movies in rain

Kevin mentioned Legally Blonde as we finished Sweet Home Alabama.

Saw billboard in Lihue for movie 6 days, 7 nights - Harrison Ford (Kevin said Indiana Jones)

Watched Lilo & Stitch, cause Kauai is where Experiment 626 ends up. Social worker Bubbles knows the Galactic Ruler from Roswell ?1957.

Kindle Data Internet book has 3 great tables presenting Chronology of Inet

Was it

"How Data Happened: A History from the Age of Reason to the Age of Algorithms" Chris Wiggins and Matthew L. Jones or

"How the Internet Became Commercial" by Shane Greenstein, © 2015 Princeton University Press - This one!

Table 1.1 Chronology: The Transition - Selected notable events ch 2, 3, 4 and 5
P14

Year	Chapter	Notable Event
1990	2,3	NSF conducts conversations about privatization
	3	PSINet and UUNET begin first full year as private firms
1991	3	High Performance Computing Act of 1991 passed
	4	Tim Berners-Lee downloads code for web to shareware sites
	3	Commercial Internet eXchange (CIX) founded
1992	3	Network Solutions takes control of domain name service
	3	Rick Boucher sponsors a bill to amend NSF charter
	3	Internet Society founded and IETF becomes part of it
1993	3	Final NSF plan for privatization emerges, and NSF solicits bids

	4	Mosaic browser made for Unix and Windows OS
	5	Earliest ads for ISPs appear in Boardwatch Magazine
1994	4	Founding of the World Wide Web Consortium
	4	Mosaic Communications Company (MCC) founded
	4	MCC changes names to Netscape, and releases a beta browser
1995	4	Apache formed from different versions of NCSA HTTPd server
	3	NSFNET shutdown, and Internet backbound privatized
	5	Netscape IPO and Windows 95 launched in same month
1996	5	Congress passes the 1996 Telecommunications Act
	5	More than 2,000 ISPs advertise in Boardwatch Magazine

Table 1.2 Chronology - The Blossoming - selected notable events from Ch 6, 7, 8, 9, 10
P 16 of 474

Year	Chapter	Notable Event
1992	7	David Clarke speaks of "Rough Consensus and Running Code"
	7	Internet society founded and IETF becomes part of it
	7	Tim Berners-Lee first visits the IETF to standardize the web
1993	8	Louis Gerstner hired as CEO at IBM
	7	CERN renounces ownership rights to World Wide Web code
	8	Earliest ads for ISPs appear in Boardwatch Magazine
1994	6	Vermeer founded, begins work on web-authoring tools
	7	Tim Berners-Lee founds the World Wide Web Consortium
	6	Brad Silverberg organizes team at Microsoft to examine web
1995	6	Gates circulates the memo, "The Internet Tidal Wave"
	6,7	Netscape IPO and the launch of Windows 95
	9	HotMail founded, and "viral marketing" is invented
1996	8	Microsoft offers Internet Explorer at a price of zero
	8	AT&T WorldNet sold at \$19.95 for unlimited service
	8	AOL implements all-you-can-eat pricing
1997	8	56K modems first introduced
	10	Tiered structure emerges among Internet data carriers
	9	Netscape and Microsoft reach parity in browser features
1998	10	WorldCom merges with MCI, spins off backbone assets
	8	Over 65,000 phone numbers available for dial-up ISPs
1999	9	Dot-com boom reaches greatest height
	10	WorldCom proposed merger with Sprint is called off
2000	8	Boardwatch Magazine records over 7,000 ISPs
	9	Internet adoption near saturation in medium/large businesses

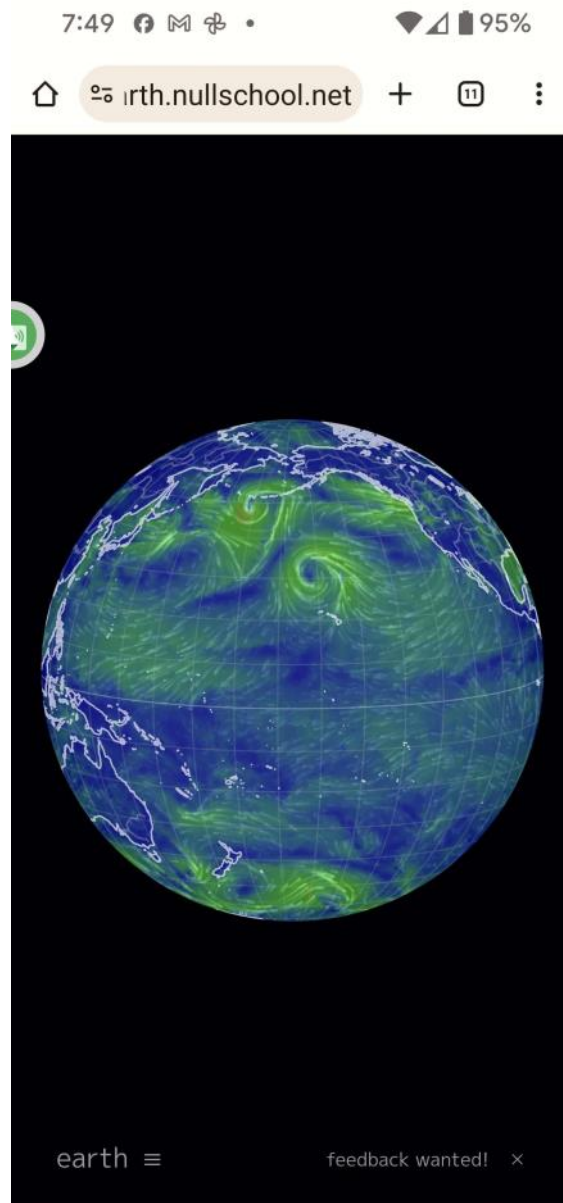
Listened to Cheryl Strayed's short story "Two Women Walk Into a Bar", 51 min, profound, her mother-in-law & end of life.

09 Tues 1st rainbow; Humboldt Remote Sensing Course Online; Search for Surf

Tuesday, January 9, 2024 7:50 AM

Nice slow start today, lots of disorganized energy in the water.

Glen showed me nifty app w satellite of storms earth.nullschool.net



Then found nifty site - Cal Poly Humboldt Extended Education - Online Geospatial Certificate Program:
GPS 216 Intro to Remote Sensing
<https://extended.humboldt.edu/extended-education/online-geospatial-certificate-program/course/introduction-remote-sensing>

1st Rainbow this morning, good eye Glen



9:45a parked on road to Anini Beach. Glen found path & took off, assume RD trying to find where Glen went towards Kalihiwai Beach.

Kevin went out at Kalihiwai. Lots of young chargers who know the break.

LizB walked by as we were hanging on beach.

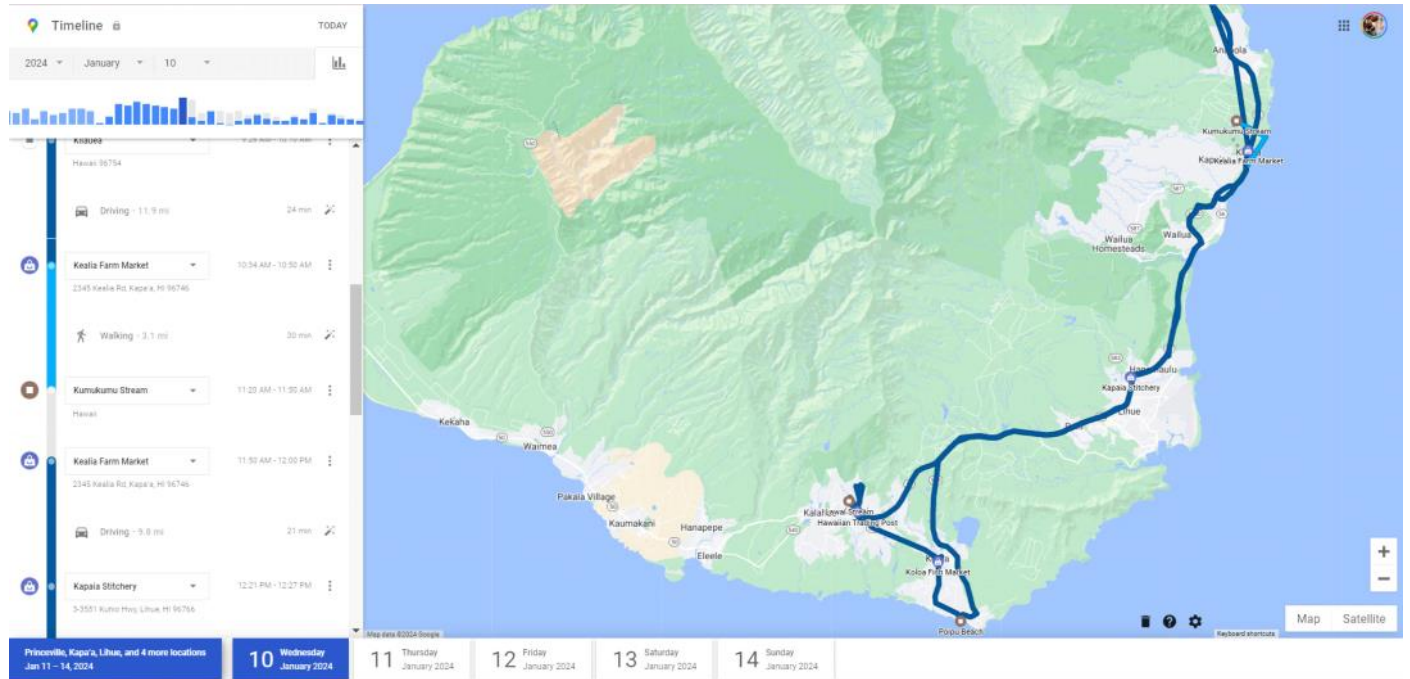
Later, Glen got invitation to their place - fish on Thurs. Glen volunteered us to bring salad & dessert.

Watched Legally Blonde for dinner tonight

10 Wed Brennecke's lunch; Hawaiian Trading Post w photo op in the curl; Explore RD's childhood home in Lawai Valley; 4p end of road Haena reservation

Saturday, January 6, 2024 10:19 AM

7:30a no need for early start, The Bay is stormy. Kris' Birthday adventure



Check w Village Snack Shop & Bakery to order another Liliqoui Chiffon pie for Brolaski Fish dinner tomorrow. No luck



Oh well, Glen says he liked the Mango Coconut cake from Kilauea Bakery from before.

Kalihiwai for surf w rainbow



Breakfast at Kilauea Bakery, finally have half Stromboli - Glen pointed out these tables are monkey pod wood



Nice guy shared his table w us. Turned out his sister going to USD, she's visiting now for holiday break.

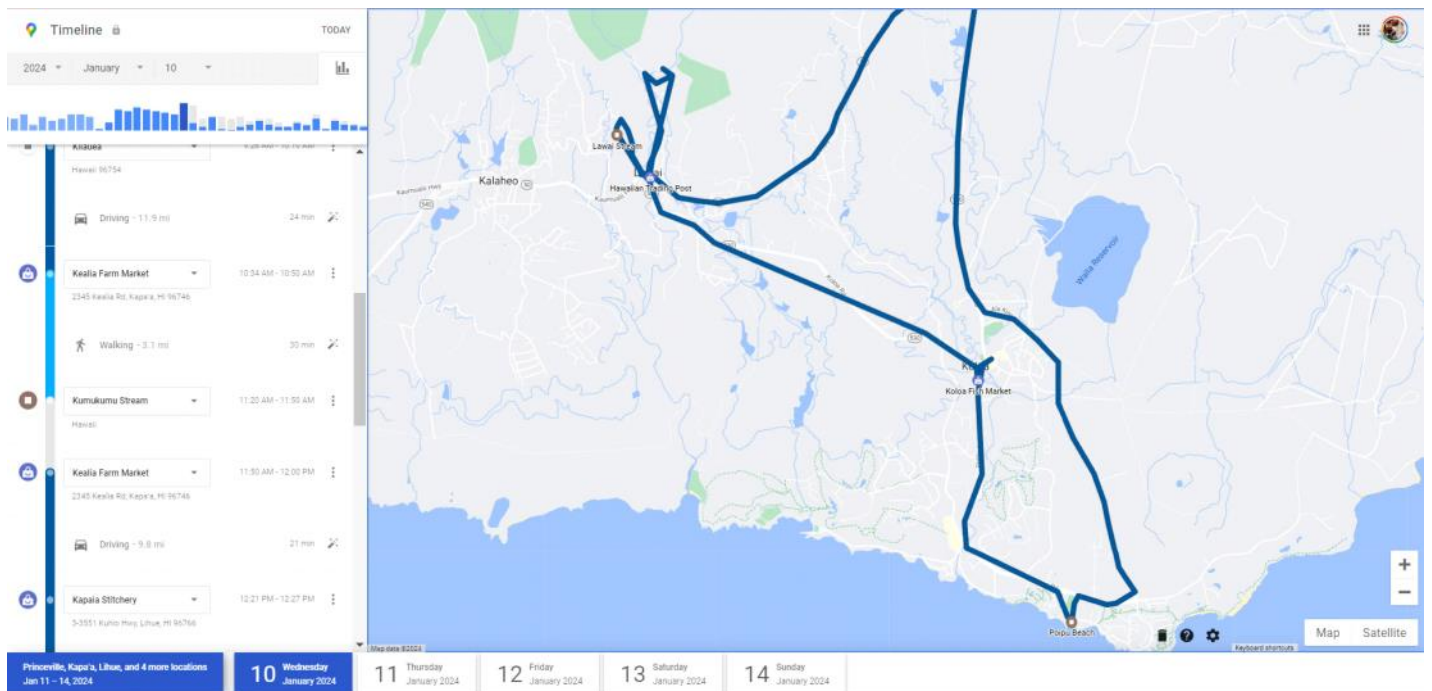
Glen made arrangements to pick up Mango Custard Pie at Kilauea Pizza and Bakery



Glen wants to take me to lunch at Brennecke's S shore, I'll be able to swim there even in winter rough seas.

Change of plans, swim at Poipu Beach not attractive, and belly still full from half Stromboli at Kilauea Bakery, so just bought trinkets at Brennecke's and on to Koloa Town. The Fish Market for Kevin lunch, Glen snack, Kris poke, not sure what RD had.

RD showed us places from her childhood in Lawai Valley. Lots of stories of riding her horse to school or to the store in Koloa Town.



Hawaiian Trading Post, with its shooting the curl "statue"



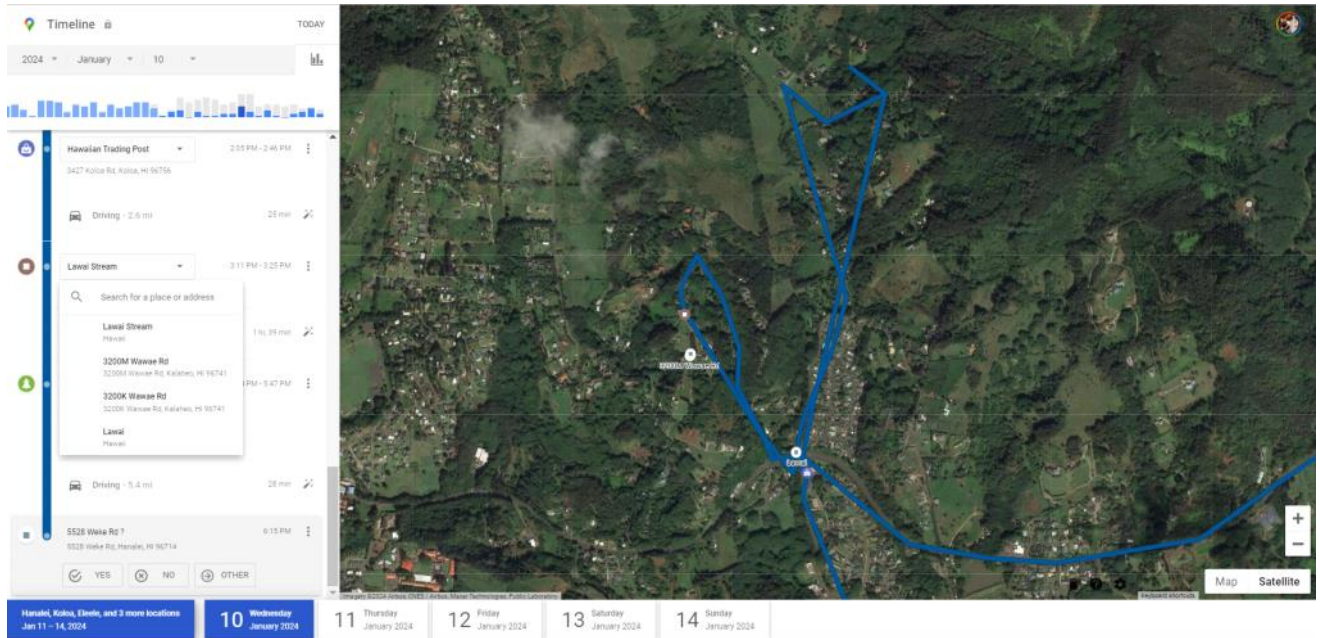
3427 Koloa Rd, Kaleheo HI 96742-0430, from receipt for another aloha shirt.

Then RD took us up the road, so Kris could use a bush.

Then RD took us to the property, now subdivided a bunch, where she grew up - riding her horse to school and to Koloa Town.



LOWRII.



We won't get to end of road til 5p, so will see what happens when late for our 4p reservation. No trouble arriving at 5p, parked and then walked to Ke'e Beach and the Kalalau Trailhead





Taro Fields, walking through on a boardwalk. Very thorough and detailed guide is available online - <https://findingupendi.com/ultimate-guide-to-haena-state-park/>

"

The ultimate guide to Haena State Park

Published March 13, 2022

Haena State Park is one of the most popular state parks on the hawaiian island of Kauai. And with good reason. Beautiful white sand beaches surrounded by lush cliffs and waterfalls... what's

not to like? The planning process, that's what. First came the [2018 floods](#) that devastated the area, followed by the benefits from reduced tourists numbers during the pandemic. This led to the introduction of a permit system to visit the park. Planning a trip to Haena State Park is a test in patience, but those willing to endure it will be greatly rewarded.

In this guide I cover everything there is to see and do, as well as all the logistics from permits to transportation that you need to consider for a smooth and enjoyable visit.

Things to do in Haena State Park

In the span of thirty minutes you can walk through beautiful taro fields, traverse a lush forest, and be in the ocean looking at humuhumunukunukuapua'a. Haena State Park is not that big a park, but there are plenty of things to do for nature lovers.

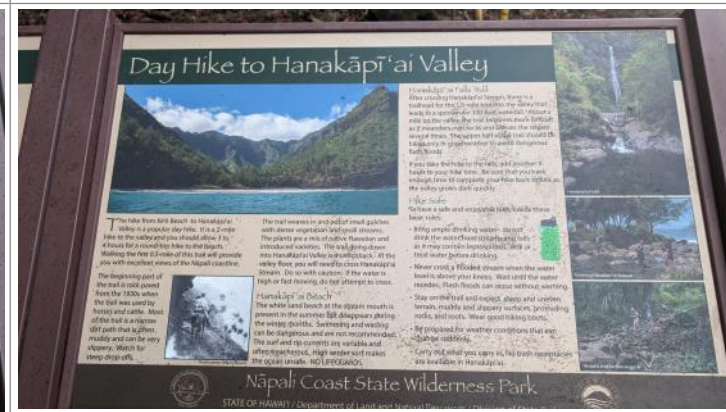
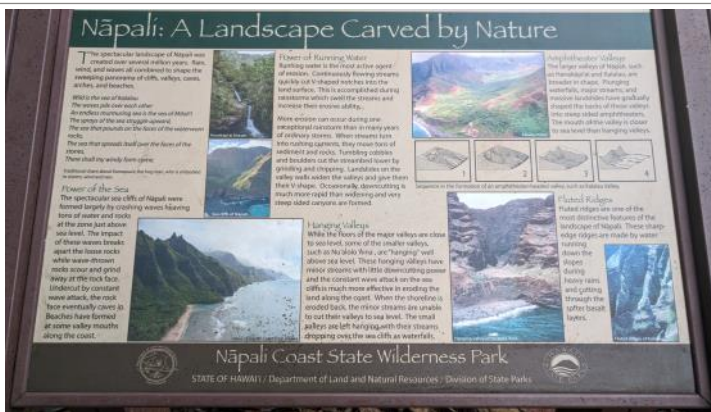
From <https://findingupendi.com/ultimate-guide-to-haena-state-park/>

Summertime pictures, so not the blustery weather that we experience. Covers Taro fields at Haena State Park; Ke'e Beach; Hike to Hanakapi'ai Beach; Hike to Hanakāpī'ai falls; Napali Coast State Wilderness park: Hike the Kalalau trail (22 miles); How to get to Haena State Park - Shuttle Bus, link to purchase tickets, - Drive yourself, link to buy parking reservation and park entry ticket; Other permit required, such as overnight camping permits.





Then we continued on to Ke'e Beach and that Kalalau Trailhead



RD took our picture at the trailhead - and shared it with me thru txt msg



THE KALALAU TRAIL

Find more Information at: www.kalalautrail.com

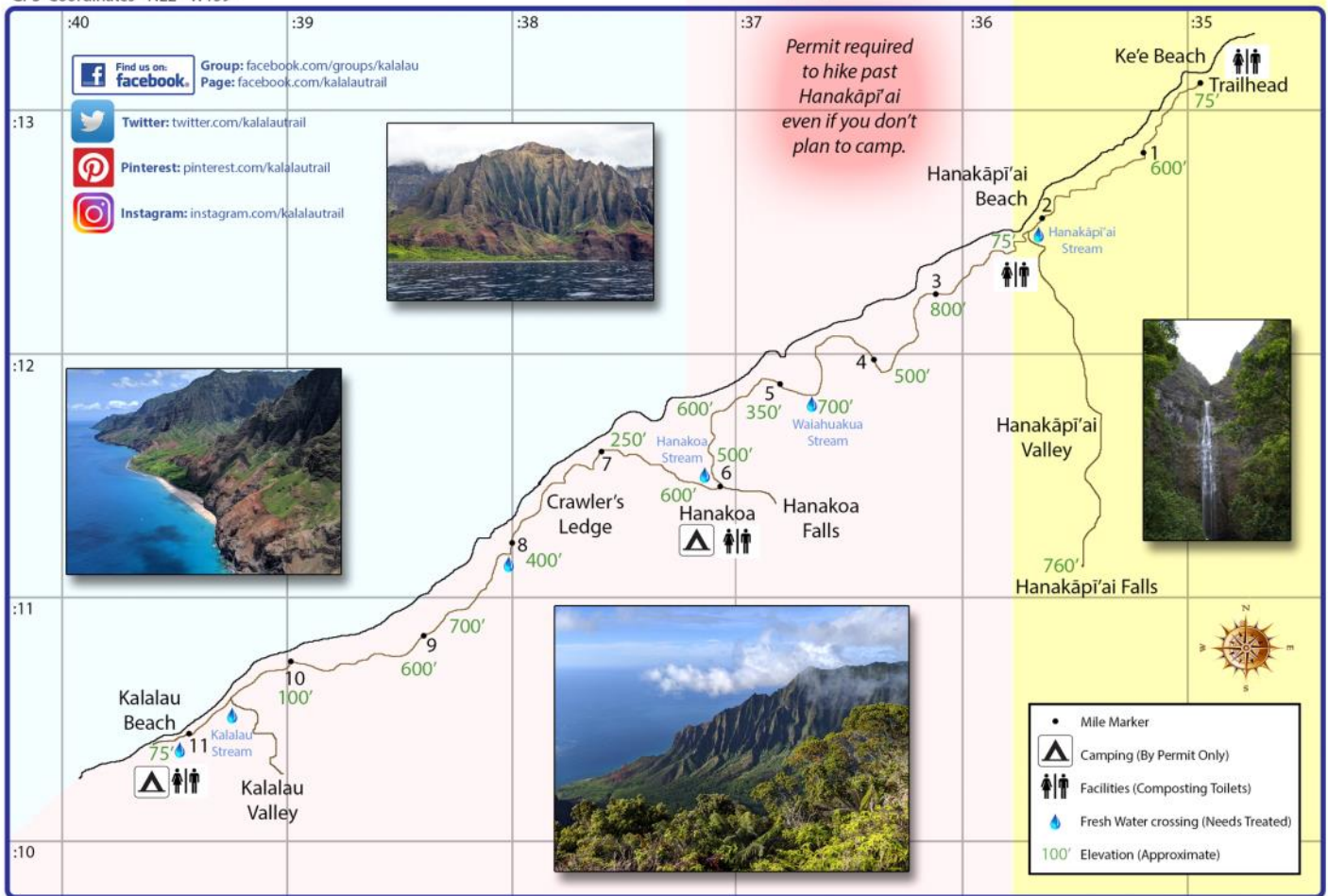
GPS Coordinates - N22° W159°

Full Kalalau Trail

(Permit Required)
Camping.ehawaii.gov

Day Use

(Reservation Required)
GoHaena.com



The purpose of this map is to relate general information and is not necessarily made to scale. Parts of this map are approximated. Other parts may change over time. Users of this map are strongly cautioned to verify all information before making any decisions. © 2019 KalalauTrail.com

There are lots of online guides to the Kalalau Trail. The map above helped me remember that when Joyce Farrell and I had a week vacation on Oahu and Kauai. We flew from San Diego to Honolulu and met up with Bill McConachie, who was a graduate student at UH Manoa. Joyce and I took the hydrofoil from Honolulu Harbor to Nawiliwili Harbor, Kauai. Rented a car and spent several days driving around island with backpacks, camping at campgrounds. Then turned in rental car, hitchhiked to Kalalau Trailhead and backpacked into the park. Camped overnight at Hanakōa, and then decided to hike out. Didn't make a dent in the Kalalau experience, but good enough for me. (I think this story is true, 80%)

<https://kalalautrail.com/wp-content/uploads/2019/06/Kalalau-Map-2019.png>

Background Info -

<https://thehawaiiivacationguide.com/best-beaches-on-kauai-in-the-winter/>

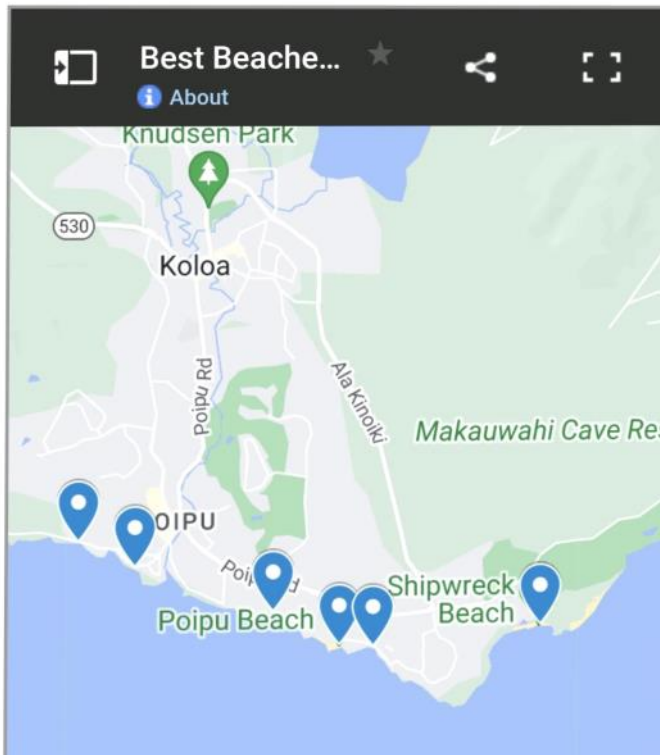
Here are the 7 best beaches on Kauai in the winter:

1. Poipu Beach
2. Kiahuna Beach
3. Baby Beach Poipu
4. Kalapaki Beach
5. Salt Pond Beach Park
6. Lawa'i Beach
7. Lydgate Park Pools

While you should always check ocean conditions before you head into the water, these Kauai winter beaches are on Kauai's South Shore or are protected from large waves and strong currents.



Map of the Best Beaches in Poipu



Use reef safe sunscreen



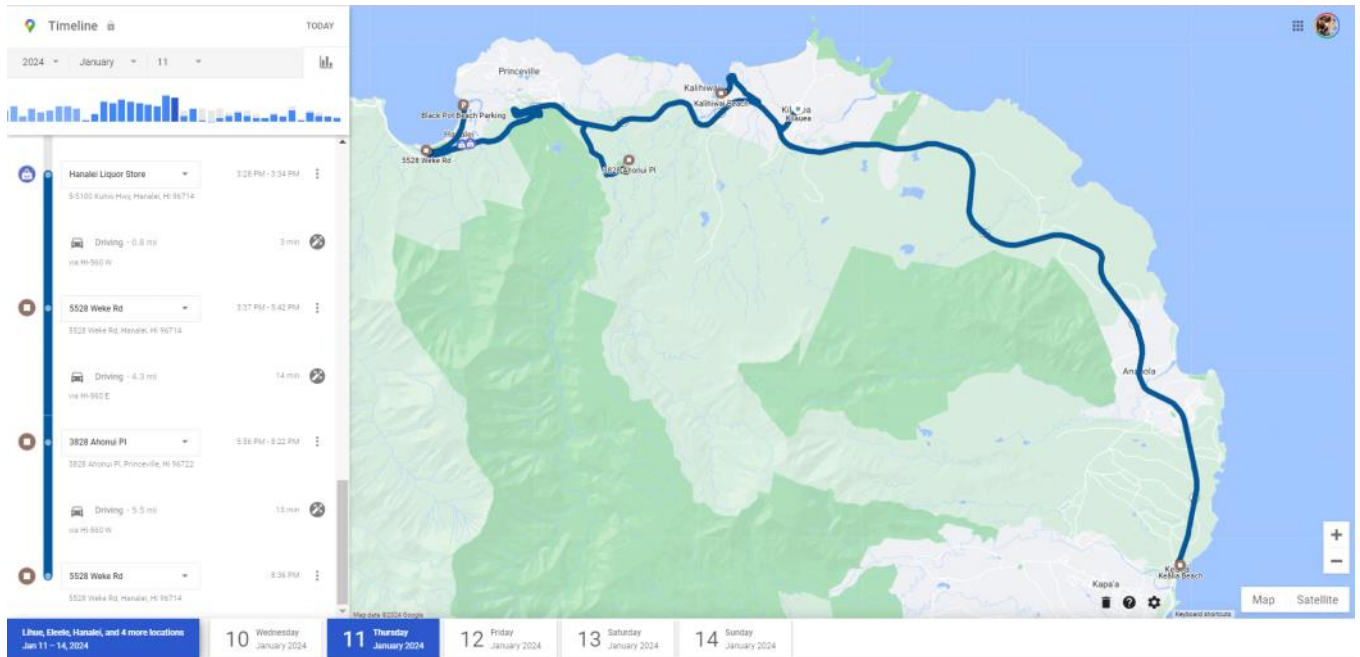
<https://www.breneckes.com/>

11 Thurs Surf chk, Brolaski Fish dinner at their Koa Dining Table; Stormy, nos surf

Tuesday, January 9, 2024 4:30 PM

Glen got invited last Tues 6p dinner at Brolaski home, Princeville

My Google Timeline map



7:30a no one out at The Bay, even parking lot empty. Winds! Guess we'll check E side



The Bay



Kalihiwai no go, so on to Kealia Beach, w short stop Kong Ling shop Ctr, Kilauea. RD got me a bear claw, not as crisp as Isabelle's almond croissant but good! Glen & Kevin got to split vege Stromboli

Good surf session at KealiaB til storm really came in wind/rain, then Kilauea Bakery to pick up reorder

Mango Custard pie. Downpour drive .

Rainy day bad movies, I hope to suggest The Dish, found MP4 on my 8TB external drive.

01 June 2020 Gcont

After the successful SpaceX NASA launch last weekend, really enjoyed watching The Dish, the Parkes Radio telescope that shared Apollo 11 communications duties with Goldstone-

The Dish

The Right Stuff

Apollo 13

Contact

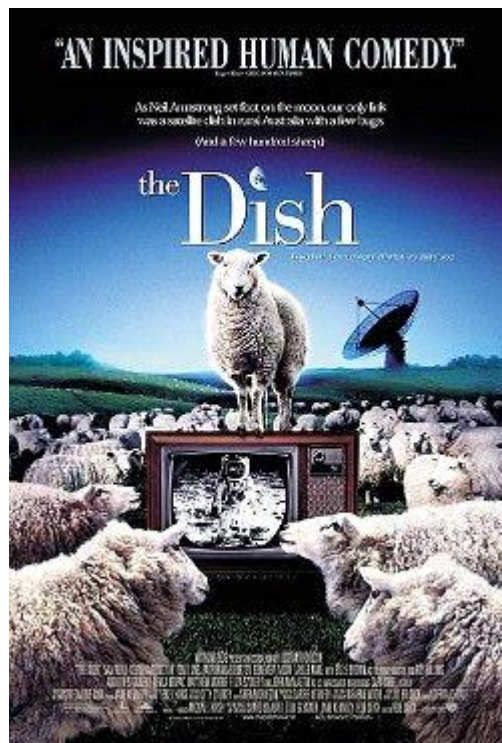
Hidden Figures

<https://culturedvultures.com/best-nasa-movies/>

Craig Sheldon 20 March 2019

1. The Martian 2015
2. Gravity 2013
3. First Man 2018
4. Interstellar 2014
5. Hidden Figure 2017
6. Apollo 15 1995
7. The Right Stuff 1983
8. Armageddon 1998
9. Space Cowboys 2000
10. Capricorn One 1977

I started watching The Dish, at RD's encouragement.



JKF, we will go to the moon by the end of this decade.



But who's doing the tracking? "The Dish is a 2000 Australian historical comedy-drama film that tells the story of the Parkes Observatory's role in relaying live television of humanity's first steps on the Moon during the Apollo 11 mission in 1969. It was the top-grossing Australian film in 2000." Wikipedia

Village Big Save for salad fixings & milk. Next time remember your rain jacket for over sweatshirt when raining, silly Kris.

Hanalei Liquor Store to find new T-shirt for Glen, but only have short sleeve versions.

Dinner at Brolaski's beautiful fish and beautiful table to match the Koa Wood chairs Glen built for Mark & Liz.

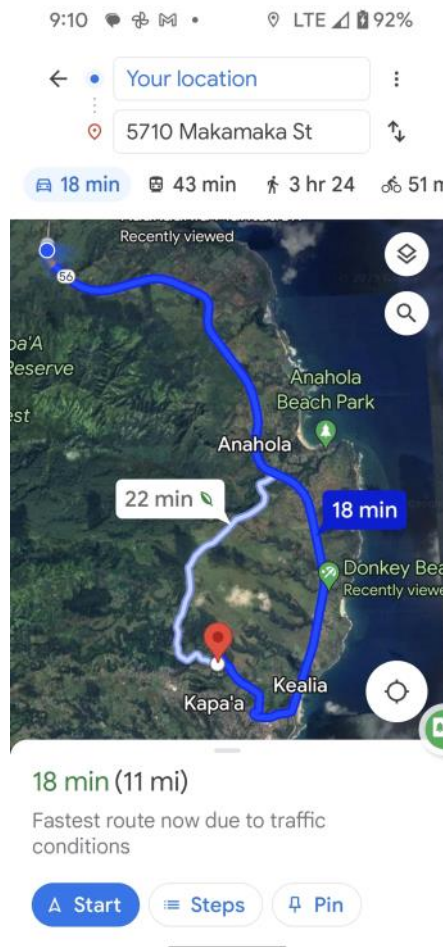


12 Fri Visit Auntie June in Kapa'a, then S shore for Lawai Valley & Mahaulepu Heritage Trail from Shipwrecks Beach, Poipu

Friday, January 12, 2024 9:11 AM

KevinC having to work online at Hanalei home, Na Holu

5710 Makamaka St - Kapa'a; visit Auntie June



RD's mom's friend from early RD life on the island - pic is Msg pic



Coco Palms Resort, just a burned out husk now. ? Elvis was here



Contra flow happening today



Cones set up to support traffic pattern between Lihue Airport and Kapaa

Old Town Hanapepe, home of Lilo & Stitch



and the suspension bridge



Kris hanging at Shipwrecks Beach, Poipu

Glen & RD hiking - Maha'ulepu Heritage Trail, Koloa, HI 96756 <https://www.kauai.com/mahaulepu-beach-trail>

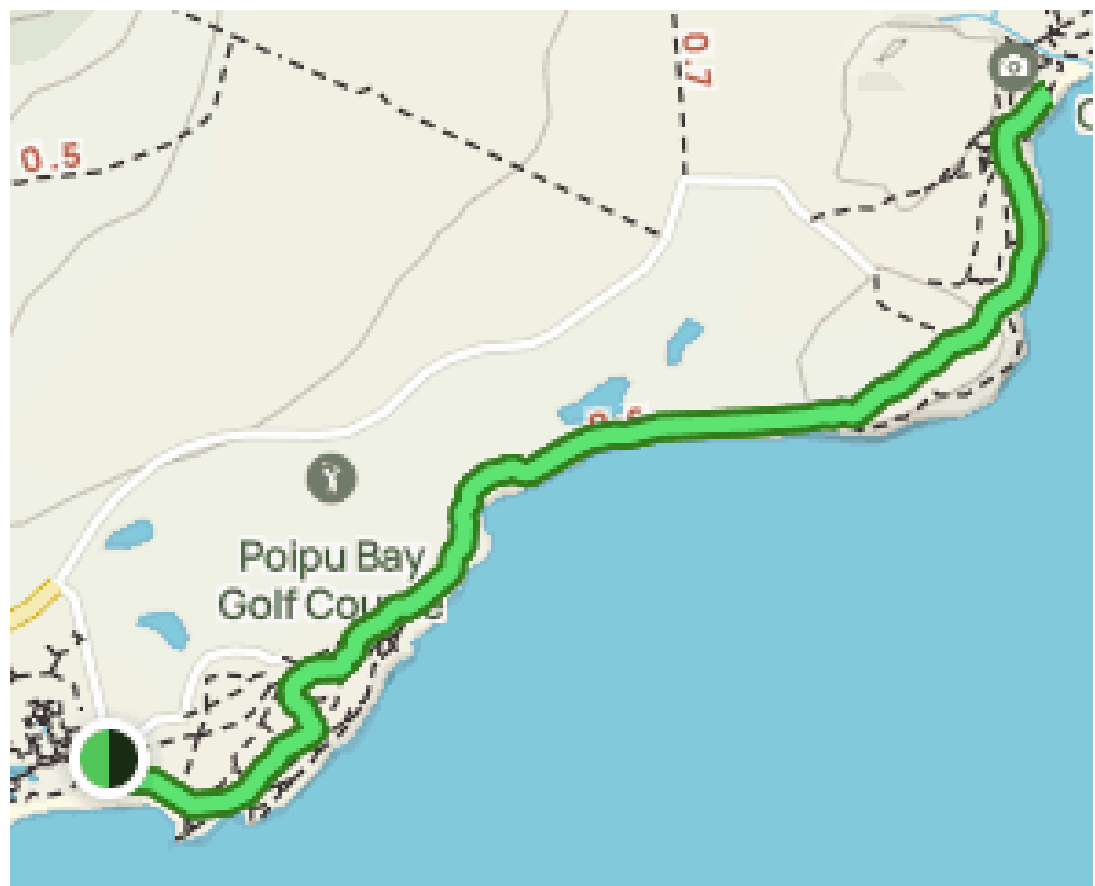
Mahaulepu Coastal Trail is a special part of Kauai History Heritage sight and the last stretch of accessible coastline on the south shore that has not been developed. Malama Mahaulepu is helping to effort to keep this place undeveloped and preserve the natural beauty for all to enjoy.

The Mahaulepu Heritage Trail is a great coastal hike that takes you from the south east corner of Shipwreck Beach Keonela Bay along sand-dune cliffs, Kiawe trees, limestone formations and rocky inlets that are an occasional safe haven for marine life, such as sea turtles and the endangered Hawaiian Monk Seal. Mahaulepu Beach is remote and

rugged and the ocean here is usually rough and more suited for whale watching, beach combing and hiking. This is a sacred sanctuary that needs to be preserved. Tread lightly and leave only footprints behind. From <<https://www.kauai.com/mahaulepu-beach-trail>>



All Trails - I have a subscription thru Outside Magazine and Glen got to use their Apple App for All Trails maps - nothing for Windows or Android. RoomPC let me capture



Pic from RD of Glen on trail -





6p phone call from Summer Baker. She & Steve want to drop by Kobayashi's to see us. The phone call went dead as we were driving, so I started using txt msg.

Later txt msg said she had Sat & Sun off. Told her Kevin & RD plane tomorrow leaves 12:15p. Don't know when leaving. We're doing Costco run after airport, then should be around.
5528 Weke Rd, Upstairs, Kobayashi

Watch Moana tonight w dinner. Should be home from Poipu 6:30p or so.

Found my digital copy from Movies Anywhere. Also can select control to hide the taskbar & upper Windows stuff when watching movie from my computer.

13 Sat RD & Kevin to airport; Nawiliwili has cruise ships; Costco after; EchoBoom channel AMZ to watch Groundswell The Other Side Fear 2023

Saturday, January 6, 2024 9:07 AM

Kevin & RD flight leaves ?2p

Glen said he'll take me to Costco on return to Hanalei. Be careful what purchase - we leave Tues 11p

RD, Kevin & Glen went for short hike cause they were all packed and car loaded 9:05a.

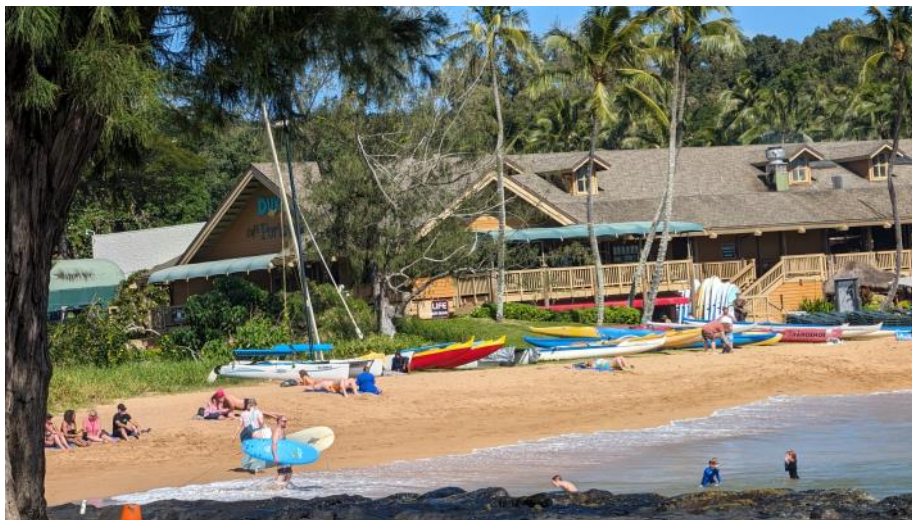


Only N Shore dog park & Wai Koa loop trail to ?Stone Dam. Off Kahililo Rd



10:05a kids back from loop hike. On to airport.

Costco, then by Dukes at Kalapaki Beach, Nawiliwili to eat our sushi



Glen found movie he wants to watch - Groundswell

Turns out I can stream on LGnotebk w free 7 day trial on AMZ Channel Echoboom Sports - cancelled Fri 19Jan2024!

Was able to select "Turn off auto-renew and watch til 21Jan2024" [ECHOBOOM SPORTS](#) | [Manage Your Subscription](#) | [Channels](#)

Hello dr kris stewart,

Thanks for subscribing to [ECHOBOOM SPORTS](#) with Prime Video Channels.

With your 7-day free trial, you can now watch ECHOBOOM SPORTS on [Amazon](#). When your free trial ends, your subscription will automatically begin, and we'll charge your payment method on file \$5.99 plus any applicable taxes. This subscription will automatically renew every month unless you opt out of automatic renewal

Must cancel when return

But it was 2021 & he wanted 2023 edition. So purchased - Groundswell - A small film about making a Big Stand - totally wrong!

Hi Kris,
Thanks for your download purchase at [TheSurfNetwork.com](#).
To watch or download your purchase, visit the [TheSurfNetwork.com](#) website or use the TheSurfNetwork app on a compatible device.

Order No: 1705207160
Order Date: Sat, 13 Jan 2024 20:39:20 -0800
Order Total: 6.99
Paid by: Credit Card (visa/4045)

Description	Price
Groundswell	\$6.99
Total	\$6.99

Charges for this transaction will appear on your bank card statement as OSI*THESURFNETWORK.

This transaction is bound by the [Terms of Service](#) and [Terms of Sale](#).

This transactional email was sent to TheSurfNetwork member stewart@sdsu.edu

TheSurfNetwork respects your privacy. We do not rent or sell email addresses. [Read our privacy policy.](#)

TheSurfNetwork | Opper Sports Inc. PO Box 732, Solana Beach, CA 92075, USA

© 2024 - Opper Sports, Inc. All Rights Reserved.

TheSurfNetwork is a registered trademark of Opper Sports, Inc.

Groundswell The Other Side of Fear - Included with your Echoboom Sports subscription

From <https://www.amazon.com/Ground-Swell-Other-Side-Fear/dp/B0B8JH141L/ref=sr_1_3?tag=1091legacy-20&crd=24DEDTGA9T8O&keywords=ground%20swell&qid=1681138690&s=instant-video&srefix=ground%20swell,instant-video,259&sr=1-3&geniuslink=true>

"

Content advisory - Foul language

Audio languages - English, English Dialogue Boost: Medium, English Dialogue Boost: High

Subtitles - English [CC], Deutsch [automatisch]

Directors - [Paul Taublieb](#)

Producers - [Paul Taublieb](#), [Susan Cooper](#), [Stacy Transou](#)

Starring - [Matt Bromley](#), [Kai Lenny](#), [Torrey Meister](#)

Studio - Taublieb Films

From <https://www.amazon.com/Ground-Swell-Other-Side-Fear/dp/B0B8JH141L/ref=sr_1_3?tag=1091legacy-20&crd=24DEDTGA9T8O&keywords=ground%20swell&qid=1681138690&s=instant-video&sprefix=ground%20swell,instant-video,259&sr=1-3&geniuslink=true>

"

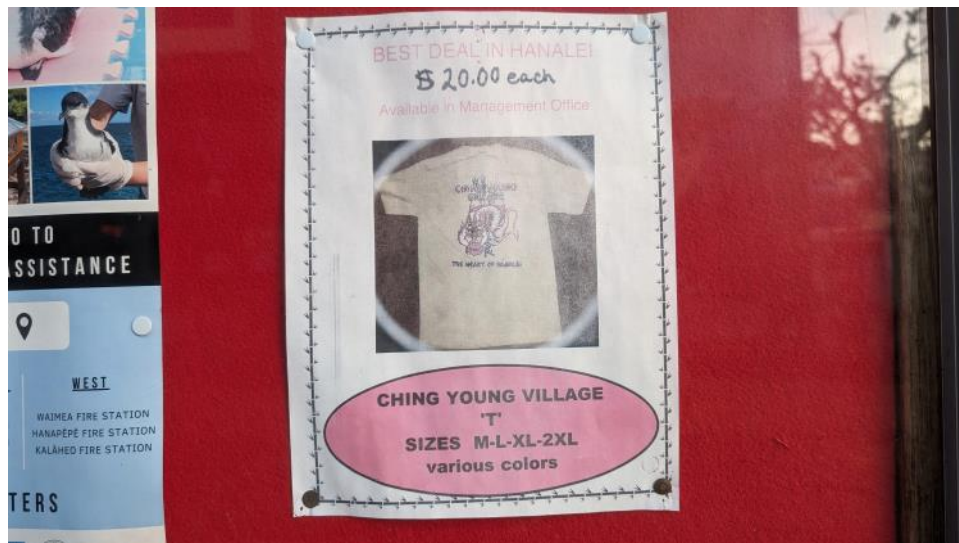
14 Sun on our own, The Bay 7a, Steve & Summer Baker Tunnels house, Ground Swell Other Side Fear

Sunday, January 14, 2024 7:37 AM

So sad to watch Glen walk out to The Bay on his own, really miss RD and Kevin.

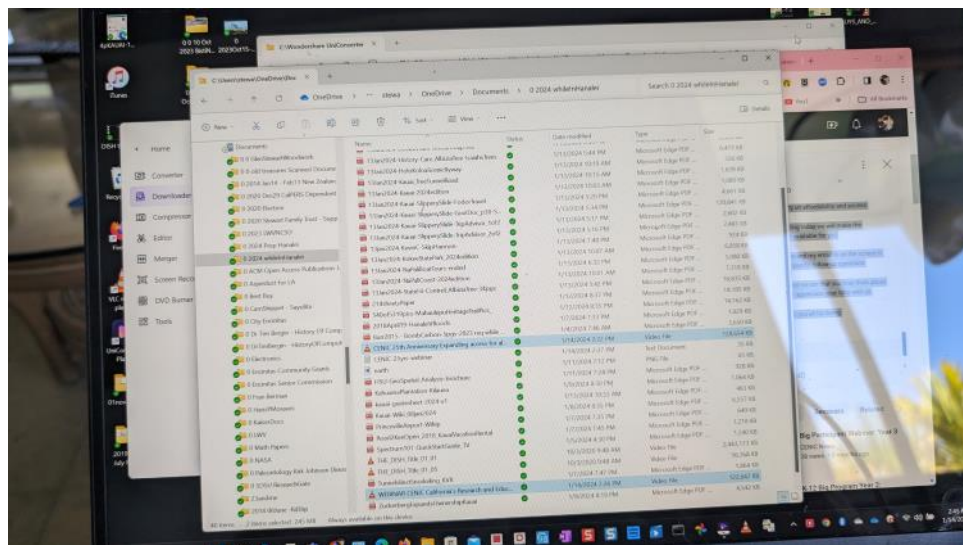


Went to Ching Young for milk. Village Snack Shop & Bakery opens at 8a. So picked up 2 coffees after shop at Big Save. Want to check Mgr office to see if they sell a sticker for Ching Young - don't want Tshirt





Not sure why LG Notebook has files org wrt OneDrive



2p went to visit Steve & Summer Baker at the Tunnels house. Steve was watching football. Summer asked if I had pic of that big swell at Blacks. Got wifi login / PW and found ?

Summer showed & we shared our last drunk story. Mine July 1990 Wrigley Field Cubs game. Hers ? Nov 2016 Solana Beach, Taco Tuesday - she's got pic.

Steve wants to come by Tuesday to pick up our left over food.

We watched movie Ground Swell I purchased; Ground Swell The Other Side of Fear, AMZ Prime Video;

Finish Dungeons & Dragons, AMZ

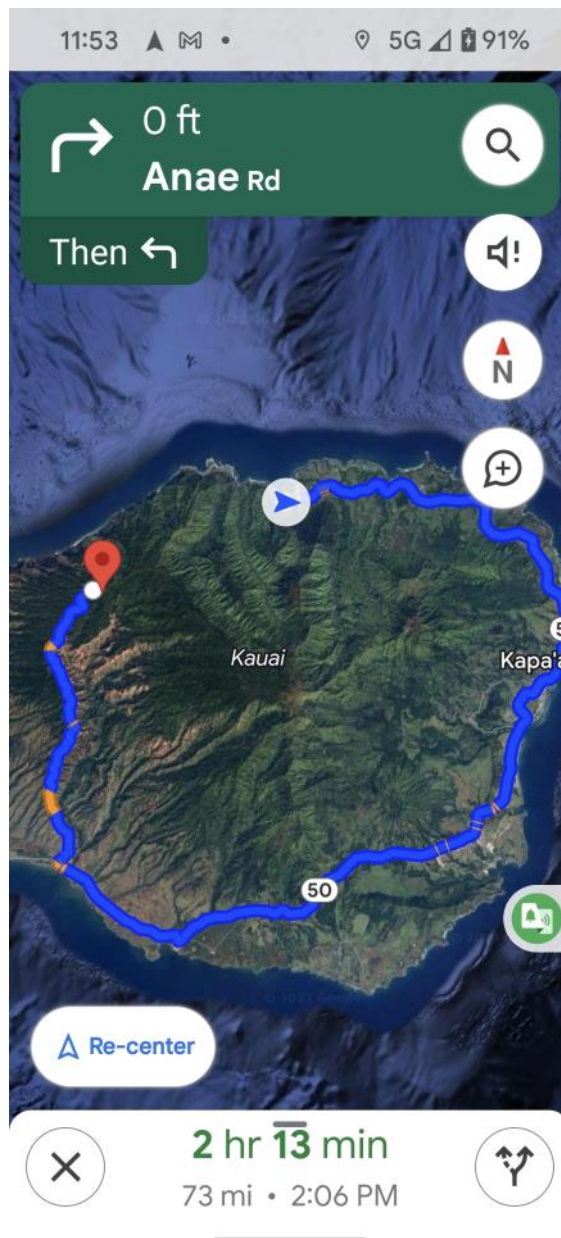
15 Mon MLK ? Ching Young sticker, Kokee State Park

Sunday, January 14, 2024 8:47 AM

KQNG Ron Wiley likes MLK day mucho. He mentions 2 southern states, Mississippi & Alabama, celebrate Robert E Lee same day

Hoping to do Kokee tomorrow, but rainy. 10:30a Glen had started laundry, so maybe we can do Kokee after dry & folded.

noon on the road





When did we rent this upstairs apt 1 lot from The Bay? Now it's one EMPTY lot from bay. ? Empty lot never restored after ?2017 H Valley flood?

TVNC 5087 415 410-3025

TVNC 5086 415 910-3085



https://www.rentbyowner.com/property/ocean-view-steps-to-beach-tvnc-5087-tvnc-5086/HA-32157858?gclid=CjwKCAiAzJOtBhALEiwAtwj8ttb6aCRyZlaOcoXRntrYAtmgcmtVqgBcjdP-cYrYQWS079Xfst3qGxoCXywQAvD_BwE

Got yogurt & newspapers at Ching Young. Village Snack Shop not open, too early?

Resolved the adventure Joyce & I had - we camped at Hanakoa, 6 miles in, then decided to pack out instead of doing the full 11 miles in, 11 miles out

THE KALALAU TRAIL

Find more information at: www.kalalautrail.com

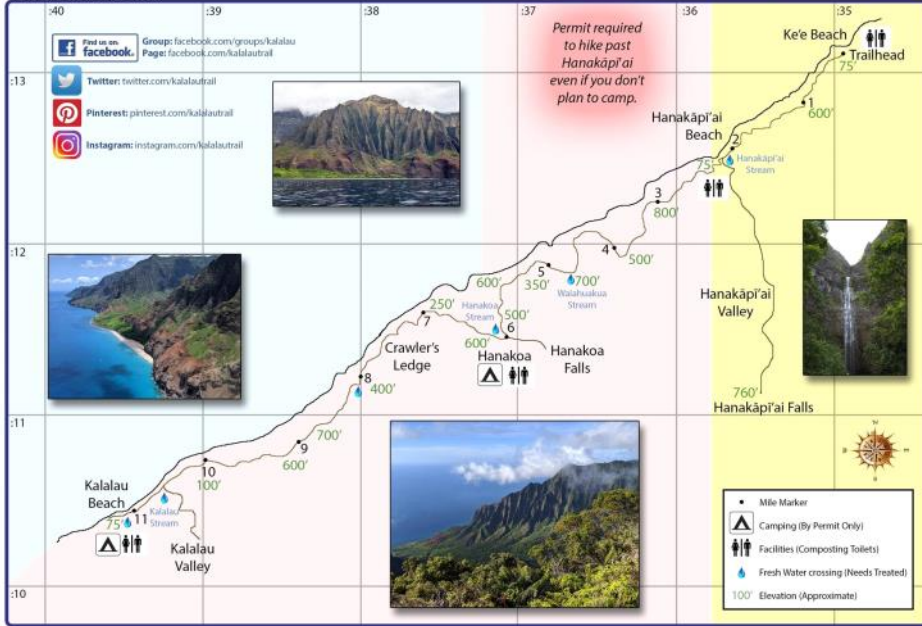
Full Kalalau Trail

(Permit Required)
Camping.hawaii.gov

Day Use

(Reservation Required)
GoHawaii.com

GPS Coordinates - N22° W159°



Got lucky w weather on S shore early afternoon



... along the Nāpali Coastline

- 1. Nā Keiki o Nā Iwi.** The name of this ridge is linked to a mohele that tells of the children of Nā Iwi who were turned to stone when they failed to return home by dawn.
- 2. Kalalau Beach.** The long white sand beach lines the western side of the valley mouth. The beach expands during summer and sand is washed away by storm surf during winter.
- 3. Pōhakuao and Kalalau Trail.** The 11-mile long trail from Hāhione crosses over the steep, wet ridge of Pōhakuao before it ends in Kalalau Valley.
- 4. Fluted Cliffs.** These sharp-edge ridges are carved by water running down the slopes during heavy rains and cutting through the softer basalt layers.
- 5. Kalalau Stream and Valley Floor.** Kalalau Stream begins near here with water draining from the uplands of Kōke'e. The stream collects water from numerous tributary streams and springs as it travels down valley. This water has carved a broad valley floor and deposited fertile soil for agriculture.

Hawaiians lived and farmed in Kalalau for centuries, cultivating over 200 acres on the valley floor. Their thatched hale (houses) lined the shoreline and lower slopes of the valley. Many families moved to the beach for the summer fishing season.

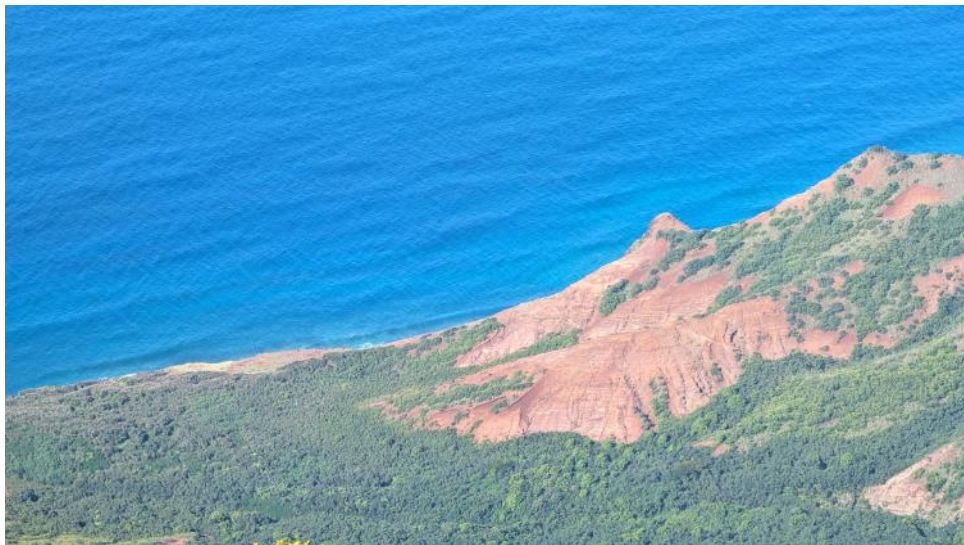
Farming continued into the 1800s with a population around 200. Horses were brought into the valley in 1864 to transport the harvested kalo (taro) to the beach where it was loaded on ships going to Hanalei and Waimea. Makaweli Ranch tried cattle grazing in the 1920s as farming was ending. The trail from Kalalau to Hāhione was improved for cattle, but ranching was unprofitable and phased out by 1940.

Fluted Cliffs: Early travel between the valleys of Nāpali was by canoe but travel could be difficult during periods of high surf. Trails constructed in the late 1800s were designed to accommodate horses and cattle, as well as people. The 11-mile Kalalau Trail, winding in and out of numerous valleys and gulches, was completed around 1920. The trail begins at Hāhione and ends at Kalalau Beach.

Inset Captions:
 - Thatched Hale in Kalalau Valley, ca. 1920 (Rudolph W. Moore Collection)
 - View of Kalalau Stream in Kalalau Valley, ca. 1920 (Rudolph W. Moore Collection)
 - View of Kalalau Stream in Kalalau Valley, ca. 1920 (Rudolph W. Moore Collection)

Kōke'e State Park
 STATE OF HAWAII / Department of Land and Natural Resources / Division of State Parks

HAWAII TOURISM
 Visitors provided by Hawaii Tourism through the Kahu Kua Program





4 waterfalls at Kalalau Valley

15a Unveiling The Enchanting Secrets

Monday, January 15, 2024 10:26 AM

G Lens txt capture from pic - Community Insider Magazine - Big Save, Hanalei

Quirky and Fascinating Facts About Kauai

Kauai, Hawaii's fourth largest island is a treasure trove of natural beauty and captivating landscapes. Beyond its stunning beaches and lush greenery, this tropical paradise holds a wealth of quirky and fascinating facts that add depth to its charm. Let's embark on a journey to discover some of the lesser known, but no less enchanting aspects of Kauai Island.

Oldest of the Hawaiian Islands:

Kauai is the oldest of the main Hawaiian Islands, with geological estimates suggesting it emerged from the sea approximately 5.1 million years ago. Its ancient landscapes are a testament to the island's enduring beauty.

Rainiest Place on Earth:

Mt. Waialeale, located on Kauai, holds the distinction of being one of the wettest spots on Earth. With an annual average rainfall of about 450 inches (11,430 mm), it's no wonder this dormant volcano is home to numerous waterfalls and lush rainforests.

Jurassic Park Filming Location:

Coast, with its dramatic cliffs and verdant valleys, provided the breathtaking backdrop for many scenes in the film.

No Billboards Allowed:

In a unique attempt to preserve the island's natural beauty, Kauai has banned all billboards. This ensures that the stunning vistas remain unobstructed, allowing residents and visitors to enjoy the scenery without distraction.

Forbidden Island of Niihau:

Just southwest of Kauai lies the privately-owned island of Niihau, often called the "Forbidden Island." It's owned by the Robinson family, and access to outsiders is heavily restricted to protect the island's traditional Hawaiian way of life.

Waimea Canyon's Colorful History:

Waimea Canyon, often referred to as the "Grand Canyon of the Pacific", gets its vibrant red and green hues from volcanic activity and erosion. The deep red tones of the canyon walls come from iron deposits in the volcanic soil.

Natural Sea Caves of Na Pali:

The Na Pali Coast is not only famous for its cliffs but also for its numerous sea caves. Some of these caves are large enough to explore by kayak or boat, providing a unique opportunity to discover hidden gems along the coastline.

Hawaii's Tallest Waterfall:

Kauai boasts Waialeale Falls, which, with a staggering height of 1,000 feet, is the tallest waterfall in Hawaii. Its waters flow from the same Mt. Waialeale, making this island home to both the wettest spot and the tallest waterfall in the state.

Endangered Hawaiian Monk Seals:

Kauai is home to a significant population of Hawaiian monk seals, one of the world's most endangered marine mammals. The island's beaches are important resting and pupping sites for these precious animals.

Spouting Horn Blowhole:

The Spouting Horn blowhole on Kauai's south shore is a fascinating natural wonder. As waves rush into an underwater lava tube, water is forced through a hole in the surface, creating a hissing sound and a spout of water that can reach up to 50 feet high.

Conclusion: Kauai Island, with its timeless beauty and unique quirks, continues to captivate travelers from around the world. These fascinating facts add depth to the island's allure, inviting visitors to explore not only its stunning landscapes but also its rich history and unique natural phenomena. As you journey through Kauai, keep an eye out for these hidden gems that make this island a true treasure in the Pacific Ocean.

15b Exploring Enchanting Beaches

Monday, January 15, 2024 11:03 AM

G Lens txt capture from photo Community Insider Mag

EXPLORING THE ENCHANTING BEACHES OF KAUAI

Kauai, the fourth largest island in the Hawaiian archipelago, is renowned for its breathtaking landscapes, lush vegetation, and pristine shorelines. Its diverse coastline offers a wide array of beach experiences, from secluded roses and hidden gems to world famous stretches of sand. Whether you seek a tranquil escape, water sports adventures, or simply a place to soak up the sun, Kauai's beaches have something for everyone. Let's delve into the top beaches on this captivating island.

Hanalei Bay Beach:

Situated on Kauai's picturesque north shore, Hanalei Bay Beach is a tropical haven. This crescent-shaped bay is framed by majestic mountains, while its nearly two-mile-long golden shoreline invites visitors to relax, swim, paddleboard, and enjoy spectacular sunsets. The nearby town of Hanalei adds a touch of charm with its boutiques and dining options.

Poipu Beach Park:

Poipu Beach Park graces Kauai's sunny south shore and is a perfect destination for families. It's clear, shallow waters make it an ideal spot for snorkeling, and you may even have the chance to spot Hawaiian green sea turtles. The beach consists of two crescent-shaped sections, Brennecke's Beach and Poipu Beach, each offering a unique experience.

Tunnels Beach:

Named after its underwater lava tube formations, Tunnels Beach is a snorkeler's paradise. Located on the north shore, it features a vibrant reef teeming with marine life, including colorful fish and graceful sea turtles. The backdrop of lush cliffs adds to the allure of this idyllic spot.

Ke'e Beach:

At the farthest point on Kauai's north shore, you'll discover Ke'e beach. This captivating location marks the starting point of the Kalalau Trail along the Na Pali Coast. While the trail itself is a challenging adventure, Ke'e Beach offers a serene setting to relax, swim, and take in the grandeur of the towering cliffs.

Polihale State Park:

Polihale State Park on the west side of Kauai is an excellent choice for those seeking a remote and rugged beach experience. This expansive coastline features long stretches of pristine white sand and offers stunning views of the Na Pali Coast. It's a perfect spot for stargazing and witnessing unforgettable sunsets.

Anini Beach:

Anini Beach, situated on Kauai's north shore, is renowned for its protected waters. The reef surrounding the beach creates a calm and safe environment, making it ideal for activities like wind-surfing, snorkeling, and family picnics. The shallow lagoon-like conditions make Anini a popular choice for families with young children

Lydgate Beach Park:

Located on Kauai's east shore, Lydgate Beach Park is known for its lava rock-enclosed swimming area. The natural breakwater creates a safe and serene spot for families to enjoy the ocean. The park also features a playground and picnic areas, making it an excellent destination for both relaxation and recreation.

Conclusion: Kauai's diverse beaches showcase the island's natural beauty and offer an array of experiences for beach enthusiasts. From the tranquil shores of Hanalei Bay to the underwater wonders of Tunnels Beach and the remote allure of Polihale State Park, each beach on Kauai boasts its unique charm. Whether you're an adventurous water lover or seeking tranquility by the sea, Kauai's captivating beaches promise unforgettable memories of this Hawaiian paradise. Pack your beach essentials and prepare to explore the coastal wonders of Kauai.

15c Exploring The Island By Car

Monday, January 15, 2024 11:14 AM

G Lens txt capture

Kauai, has a treasure trove of scenic drives. Exploring the island by car offers the chance to witness the breathtaking beauty of this Hawaiian paradise at your own pace.

Waimea Canyon Drive: Highway 550

Length: Approximately 18 miles one way Highlights: Known as the "Grand Canyon of the Pacific," Waimea Canyon is a must-see destination. The drive takes you to several lookout points, offering panoramic views of the vibrant red and green canyon walls, waterfalls, and lush valleys. Don't miss the Pu'u Hinahina Lookout and the Waimea Canyon Lookout for some of the most iconic vistas.

Na Pali Coast Drive: Highway 560 (Kuhio Highway)

Length: The drive goes from Ke'e Beach to Polihale State Park, covering approximately 40 miles.

Highlights: While you can't drive the entire Na Pali Coast, this scenic drive along the north shore offers stunning coastal views. The road takes you past charming towns like Hanalei and offers glimpses of the dramatic Na Pali cliffs and lush valleys. The viewpoint at Ke'e Beach is a great spot to start your journey.

North Shore Coastal Drive: Highway 560 (Kuhio Highway)

Length: Approximately 27 miles from Princeville to Ke'e Beach

Highlights: This drive takes you along the scenic north shore of Kauai, passing by lush taro fields, Hanalei Bay, and charming towns like Princeville and Hanalei. The scenic beauty and laid-back atmosphere make it a delightful journey. Be sure to stop at Hanalei Pier and the Hanalei Valley Lookout.

Wailua River Drive: Highway 56 (Kuhio Highway)

Length: Around 4 miles from Lihue to the Wailua River State Park

Highlights: Explore the lush eastern side of Kauai on this short but beautiful drive. You'll pass through coconut groves, taro fields, and views of the Sleeping Giant mountain formation. At Wailua River State Park, consider taking a boat tour to the Fern Grotto for an unforgettable experience.

Kauai Coffee Company Drive: Highway 540 (Koloa Road)

Length: Approximately 6 miles from Poipu to Kalaheo

Highlights: This leisurely drive takes you through the picturesque Kauai Coffee Company's coffee plantation. You'll have the opportunity to tour the coffee fields, learn about the coffee making process, and enjoy freshly brewed Kauai coffee while taking in the scenic surroundings.

South Shore Drive to Koloa: Highway 520

Length: Approximately 12 miles from Lihue to Koloa

Highlights This drive takes you through the charming town of Ka'ia, known for its historic plantation architecture. You'll also pass through the tree tunnel, a mile-long canopy of eucalyptus trees, which is particularly enchanting.

Kekaha Beach Park Drive: Waimea Canyon Drive (Highway 50) to Kaumuali'i Highway (Highway 30)

Length: About 10 miles from Waimea to Kekaha

Highlights: The drive from Waimea to Kekaha takes you along the west side of Kauai, where you'll find uncrowded beaches, stunning sunsets, and a glimpse of the rugged coastline. Kekaha Beach Park is a serene spot to relax and soak up the sun.

While exploring these scenic drives in Kauai, remember to drive safely. Follow road signs, and take the time to appreciate the stunning natural beauty that surrounds you. Each drive offers a unique perspective of the island's diverse landscapes and is sure to leave you with lasting memories of your visit to Kauai.

15d Hike Kalalau Trail Feb2017 good detailed

Monday, January 15, 2024 6:53 PM

<https://happycamper.blog/hiking-kalalau-trail-kauai-hi/>



Hiking The Kalalau Trail - Kauai, HI

Post Categories: [Camping Spots](#)



The Kalalau Trail stretches 11-miles along the Na Pali Coast on the island of Kauai. Known for its beauty and danger, the Kalalau Trail follows the rugged coastline on the north-west shore of the

garden island of Hawaii, and eventually ends at the secluded Kalalau Beach. Hiking the Kalalau Trail is recommended for advanced hikers and after the first couple miles you will understand why. It leads through varying terrain with steep rock outcroppings, stream crossings that can swell unexpectedly, and traverses along crumbling cliff sides with falling rock hazards. Though it's a difficult trail to hike, and in some sections, almost extreme, hiking the Kalalau Trail reveals breathtaking views of the Na Pali Coast and is well worth the effort.

Hiking the Kalalau Trail



Click on Map for Large View

In February of 2017, we hiked the Kalalau Trail and spent two nights [camping at Kalalau Beach](#). The weather during our hike was pretty mild, with temperatures in the 70's and 80's F, lending to nice, breezy sections of the trail.



Hiking the Kalalau Trail took us about nine hours to hike straight to Kalalau Beach and about ten hours to hike back, with a detour to the Hanakoa Waterfall. Some people prefer to break up the hike into two days and camp at Hanakoa, which is the half-way point along the trail. If you start early in the morning like we did, and have experience hiking technical terrain, you can certainly make the entire hike in one day. But remember, hiking the Kalalau is no walk in the park; as conditioned hikers, we still found sections of the trail to be grueling, testing our stamina. The last mile on our way out, was the most difficult section for the both of us.

There are ten mile-markers along the trail, but some can be difficult to locate. The Kalalau Trail starts at the Ke'e State Park Beach parking lot. Hikers can leave parked vehicles in this parking lot but it's known to fill-up quickly so arrive early to find parking. You can also find bathrooms and outside showers available at Ke'e Beach.

Miles 0 - 2



The Kalalau Trail starts with a gradual climb up the Na Pali Coast for the first mile, then descends down for another mile to the Hanakapai'ai Beach area. This is where one of the three larger stream crossings is located and depending on conditions, can be tricky. We packed water shoes just for the stream crossings but noticed most hikers slowly hopped around on the rocks using hiking poles and eventually made it across dry. Once you've crossed the stream, there's a day-use beach area with a few composting toilets. The trail splits here with good, obvious signage. This is where the Hanakapai'ai Valley trail starts, stretching four miles into the valley to Hanakapai'ai Falls. While we didn't have the time to spare to hike into Hanakapai'ai, it would make a fantastic detour for those camping at Hanakoa. For all other hikers heading to Kalalau, follow the Kalalau Trail signs towards Hanakoa and Kalalau Beach, and continue up the hill. Permits are required to continue past this point of the Kalalau Trail and it also starts to become more overgrown and less maintained from here. Be prepared to walk through brush, as the trail can get as narrow as a single track.

Miles 2 - 6



At mile 2, the trail leaves the beach and heads up a strenuous climb for about the next mile. Once you've ascended all the way up the climb, you reach an old gate section along the trail that you hike through. Immediately after the gate there is a rock out cropping with amazing views of the coast. This is a great area to take a break and enjoy the view, especially after the last climb. Miles 3 and 4 ascend into a couple smaller valleys and eventually hike to the Hanakoa camp. This is the half-way spot available for hikers with composting toilets and several covered camping spots. This is also where the second larger stream crossing is located.



The trail also splits here with the trail head to Hanakoa Falls. This waterfall is about a half-mile hike

up the valley on a very overgrown difficult trail. It's not very well marked but look to follow the orange streamers tied in the trees. The hike is slow moving but well worth the detour. The Hanakoa Falls is a gigantic waterfall that crashes into a large secluded fresh water pond.

We also spotted a few camp sites along this trail, closer to the main Kalalau trail. These were more secluded and off the beaten path and we may have considered camping a third night, if we had known about these little gems. Don't get discouraged by the covered camping areas right on the trail- there are other sites if you look for them.

Miles 6 - 8



To continue along the Kalalau trail from Hanakoa camp, follow the signage towards Kalalau beach. For the next mile you'll climb out of the Hanakoa valley. Shortly after mile 7 you start hiking into more exposed cliff traverses and finally cross a narrow section known as "**Crawlers Ledge**". This is the most noted and feared section of the trail. It spans about 1 mile with a small, shallow, single lane path, carved into the steep cliffside about 200 feet above the ocean pounding below. At the most narrow section, only one person can pass at a time. The path can also become loose and crumbly. Use extreme caution when hiking this section of the trail. Go slow, keep your balance, and watch your footing.

Mile 8 - 11



As you continue to hike up and away from the coast you pass mile 8 and start getting into a section of exposed, red clay known as “Red Hill”. You climb up the steep hillside for about a mile and then around mile 9 you hike down an even steeper section to the coast. At mile 10 you’ve arrived in the Kalalau Valley where you start seeing some of the ancient terraces. You also cross the last of the larger stream crossings, here. This is a great place to fill-up on water, as it is the closest stream to the camp area but still a half mile away. Once you’ve crossed the stream, the trail splits with the trail-head for the Kalalau Valley. Follow the signs towards Kalalau Beach and continue along the flat, coastline trail to the final destination.

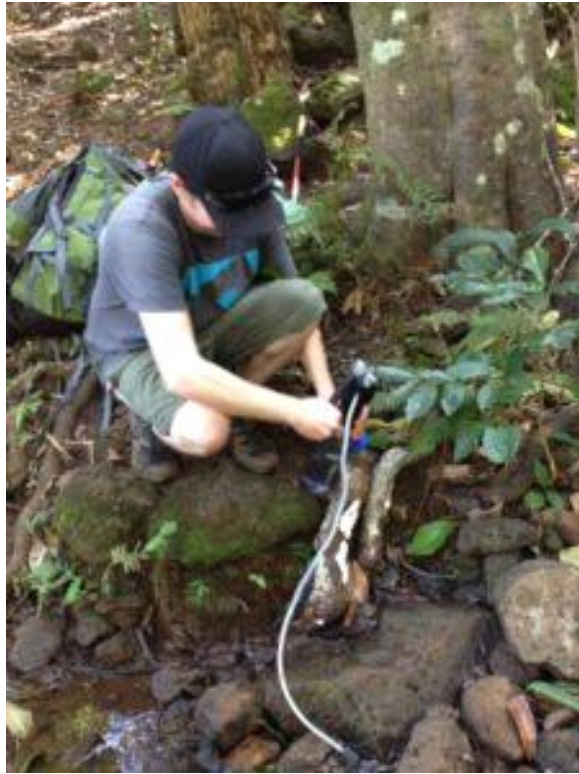
Kalalau Trail Permits

Permits are required to hike past Hanakapi’ai Valley and to camp at Hanakoa and Kalalau Beach. Permits must be reserved in advance through the [State of Hawaii website](https://camping.ehawaii.gov/camping/all/details,1692.html)

<https://camping.ehawaii.gov/camping/all/details,1692.html>

and costs \$20 a day, per person. Locals get a \$5 discount with state ID. Only 60 permits per day are issued and it’s best to reserve permits about a year in advance before your hike. Permits can get reserved quickly but we only requested ours about 6 months before. We were able to get our permits with no problems and had them emailed with confirmation a couple days later.

Drinking water on Kalalau Trail



You must stay hydrated, especially when hiking a strenuous trail like this with warm temperatures, exposed sections with intense sun, and humidity. So it's great that the Kalalau trail has so many resources to filter water from. On our trip, there were around 8 different locations along the trail, including 3 larger stream crossings to get water. At the most, we hiked two miles between water sources. We packed a 64 oz and a 40 oz canteen during our hike and stopped to refill a couple times along the trail. All water along the Kalalau Trail must be treated so it's safe to drink. The cool thing about this trail is that it never stays the same. We had some rain fall the night before we hiked out, and found that the small, trickling streams two days before, had turned into small gushing waterfalls. Just a friendly reminder that the island is a living organism in itself.

Camping Along Kalalau Trail



There are two designated camping areas along the Kalalau Trail. While we didn't camp at Hanakoa, we did camp two nights at Kalalau Beach. Camping along the Kalalau Beach was amazing but camping at Hanakoa would also be very exciting, with the Hanakoa waterfall so close. Follow the link to read more about [Camping on Kalalau Beach](#).

Hazards On Kalalau Trail



Like any great camping tip, there were hazards to look out for when hiking the Kalalau Trail, especially when it's raining. Heavy rains can even close the trail from time-to-time for a couple hours or even a couple days. You should always have a good idea about the weather forecast (even if it does change by the minute in Kauai) before hiking the trail and plan ahead. During rainy conditions you should be aware of the following hazards:

Stream crossing are prone to flash flooding. This can make the water levels rise very quickly and can have much stronger currents.



Slippery exposed rocks, including crawlers ledge, can become slick and un-passable. Even the mud along the trail can become slippery, heavy, and sticky, making the hike seem nearly impossible in some areas.

We did get a storm the night before we left that brought rain all night. The most difficult challenges this brought to the trail for us was the hike back up Red Hill between miles 9 – 10. The red clay dirt became so heavy and slippery, and it stuck like cement to your shoes. Hiking poles were a life saver for these conditions. Crawlers ledge was also a little wet and slick when we hiked that section but we pounded the mud off our shoes and used caution and we made the crossing. And while the streams did rise, they hadn't reached levels too dangerous to cross, thankfully.

Camping Gear Recommendation

One piece of gear that proved to be crucial for us on the Kalalau Trail was our Black Diamond Trail Trekking Poles. These came especially handy during big rock climbs, steep hill traverses, muddy and slippery sections of trail, and provided extra balance when scaling the rock ledge. We split a pair, hiking with one pole each.

Post by: [Aaron](#) | March 8, 2017

[Camping at Kalalau Beach – Kauai, HI](#)

© 2024 - *HappyCamper.Blog*

15e ALEKOKO MENEHUNE FISHPOND

Monday, January 15, 2024 11:38 AM

G Lens txt capture

Located on the southeastern coast near Lihue, the Alekoko Menehune Fishpond is an ancient marvel with roots dating back over a thousand years. Legend has it that the Menehune, a mythical group of small-statured people in Hawaiian folklore, constructed the fishpond overnight. While the story of their rapid construction is cloaked in mythology, the reality of the fishpond's creation is no less awe-inspiring.

The Alekoko Fishpond, also known as the Huleia Fishpond, is categorized as a loko pu'uone, featuring a stone wall made from carefully stacked rocks. It stretches approximately 900 feet in length and 250 feet in width, making it one of the largest ancient fishponds. Its primary purpose was to cultivate and harvest fish, particularly mullet and milkfish, which served as essential sources of sustenance for the Hawaiian people.

Ingenious Engineering: What sets the Alekoko Menehune Fishpond apart is the precision and ingenuity behind its construction. The ancient Hawaiians ingeniously designed it to capitalize on the tidal movements within the nearby estuary. A low stone wall equipped with sluice gates was erected across the river's mouth, allowing young fish to enter the pond during high tide. Once inside, the fish thrived and were easily harvested as the tide retreated, creating a sustainable and efficient aquaculture system.

The Fishpond's Decline and Restoration: Over centuries, the Alekoko Menehune Fishpond, like many of its counterparts, gradually fell into disrepair and neglect. Threats from development and invasive species further imperiled its existence. However, thanks to the diligent efforts of conservationists and the local community, the fishpond is now undergoing a substantial restoration process to reclaim its former glory.

Today, the Alekoko Menehune Fishpond serves as both a testament to the island's cultural heritage and a symbol of its people's resilience. It has also evolved into an educational site, offering visitors the opportunity to learn about the ancient Hawaiian fishpond systems and the importance of preserving these cultural treasures.

Visiting the Alekoko Menehune Fishpond: For those visiting this island, exploring the Alekoko Menehune Fishpond is a rewarding experience. Guided tours and nearby viewpoints allow you to appreciate the fishpond's historical significance and the wisdom of the ancient Hawaiians who harnessed the island's natural resources to create a sustainable way of life.

Conclusion: The Alekoko Menehune Fishpond stands as an enigmatic relic, not only showcasing historical marvels but also paying homage to the ingenuity and resourcefulness of the ancient Hawaiians. Its ongoing restoration serves as a poignant reminder of the importance of honoring and preserving cultural heritage. As you immerse yourself in the mystique of this ancient wonder, you'll gain a deeper appreciation for the rich history and timeless allure of this captivating island.

16 Tues Bakers, 1p Bob & Peggy; noon check out; SandBox lunch, Dukes Dinner, 9p car return; Stewarts trek home 11p AA out of Lihue, 10:50a SAN Wed 17 Jan

Wednesday, January 10, 2024 11:23 AM

16 Jan 2024 7a

Conf code ifjvio; can check in 1-24 hrs before flight - success, Glen has both in Apple wallet. I tried to save to Google wallet, but needed to include my USAA credit card & went wrong for login. But got sct notice already set up. Should have tied to BluPeak bank ... next time

Clean up the rental, dropped off left overs at Bakers. Car due back by 9p, so Glen plans to drop me & bags at airport then turn car in. Avoids the hassle of getting surfboard & luggage onto the shuttle bus.

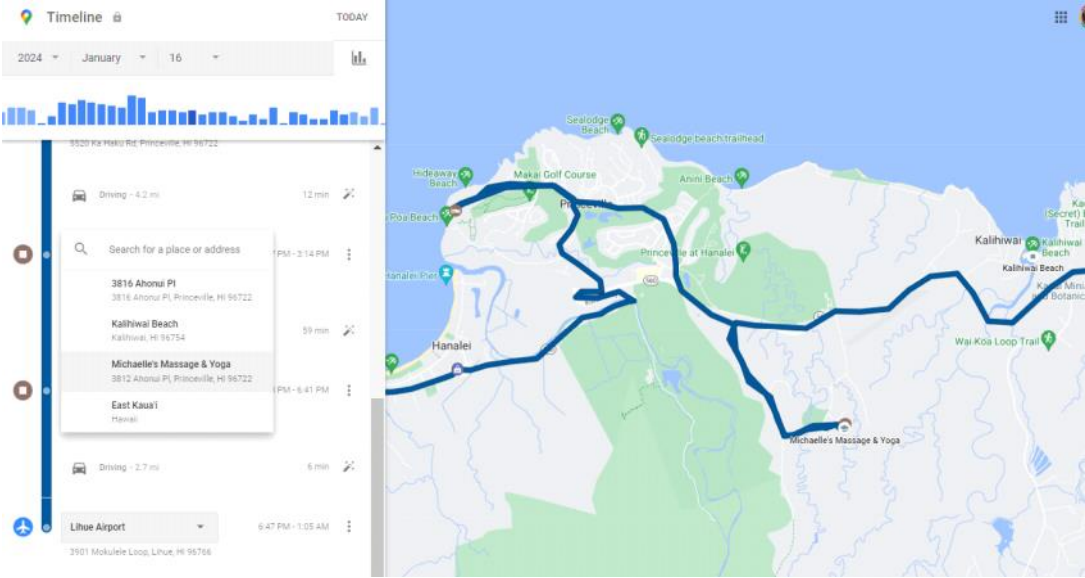
Saw Steve & Summer Baker at their Tunnels home as we headed to LIH airport to leave. Dropped off our left over food after cleaning 5528 Weke.



Lunch at The Sand Box, The One Hotel, Princeville, Kauai. Never been here before, so check it off the list.



Dropped by Bob & Peggy Pierce home in Princeville, 3816 Ahonui Pl, very close to Brolaski.



Lots of time to explore South Shore. Waimea Canyon VC has great view of the end of the Kalalau Trail.



Great dinner at Dukes, Nawiliwili Harbor



Tried to eat slowly, but still got to airport & thru ag inspection at 7:26p. Then learn Alaska doesn't open til 8:30p. Oh well, Glen found us a place to sit.

Wearing mask in the terminal.

I wore my hat, shoes w socks, long pants in Lihue Airport & overheated badly. Had a fairly long walk to our gate - Stupid Kris it feels like 76 drg.

Always have Glen at window. He can sleep on a plane and I have to pee often. I hope I never have to take a flight leaving at 11p, and we were delayed leaving Lihue.

Checking email found opportunity to reg for generative AI faculty SDSU course, so started the process.

Academic Applications of AI (AAAI) Micro-Credential Registration Form

Thank you for registering! You will receive an email in late January when the AAAI Micro-credential mini-course launches with access instructions.

[Edit your response](#)

 This form was created inside of San Diego State University. 

Lost power this morning, big winds & big surf! Glen's passing on The Bay, doesn't like packing a wet wetsuit.

Have data in 02jan2024 Gcal entry

Alaska, Flight 810
Departing Lihue (LIH) Tuesday, January 16, 11:00 pm
Arriving Seattle (SEA) Wed January 17, 06:45 am

Alaska, Flight 1108
Departing Seattle (SEA) Wednesday, January 17, 09:05 am
Arriving San Diego (SAN) Wednesday, January 17, 11:50 am